



LIGHT SNACKS AND SPANISH TRANSLATION PROVIDED  
FREE TO THE COMMUNITY  
STRESS MANAGEMENT

Sheri Barke, MPH, RD, CSSD  
Elizabeth Wray, LMFT

HART DISTRICT PASE PRESENTS

# WHEN EATING BECOMES A PROBLEM

THURSDAY | 01.24.19 | 6:30-8PM  
[WWW.RANCHOPICOJUNIORHIGH.ORG](http://WWW.RANCHOPICOJUNIORHIGH.ORG)  
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