



Zionsville High School Campus Menu

Second Semester 2019-2020

Students may take 3-5 components to make a meal
 Components are: Protein, Grain, 1-2 Vegetables, 1-2 Fruits and Milk
 All meals must include at least 1 Fruit or Vegetable

Main Café @ the High School Campus

Breakfast Served Daily 8:00 – 8:30 except Wed. 8:30 – 9:07
After School Snack Served Mon. – Thur. 3:40 – 3:55

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Chicken Corn Dog Nuggets^{ESW} Cheese Stuffed Breadsticks^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Turkey Bacon Club Ciabatta^{MSW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Cali Blend w/Cheese Sauce^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Pears Fruit Cocktail Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Beef or Bean Soft Tacos^{SW} Rippers Cheese or Pepperoni Pizza^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Asian Shaker Salad^{SW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Refried Beans Steamed Corn^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Chicken and Waffles^{MESW} Garlic French Bread Pizza^{MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Salad Wrap^{MESW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Tri-Taters Cheesy Potato Soup^{MSW} Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Applesauce Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> General Tso's Chicken^{MSW} Over Rice^S Premium Chris P Chicken Sandwich^{MW} Deep Dish Cheese or Pepperoni Pizza^{*MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Caesar Shaker Salad^{MSW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Steamed Broccoli^M Relish Boats Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Mandarin Oranges Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Student's Choice <i>Check Website For Menu</i> 4x6 Cheese or Pepperoni Pizza^{*MW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Buffalo Chicken Wrap^{MESW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Hot Veg of the Day Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Canned Fruit of the Day Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M
9	10	11	12	13
Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Chicken Poppers^{ESW} w/WG Dinner Roll^W Cheese Stuffed Breadsticks^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Turkey Bacon Club Ciabatta^{MSW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Cheesy Mashed Potatoes^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Mandarin Oranges Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Beef Walking Taco^{MS} Rippers Cheese or Pepperoni Pizza^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Asian Shaker Salad^{SW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Jalapeño Corn^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Pineapple Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Pork Tenderloin Sandwich^{SW} Garlic French Bread Pizza^{MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Salad Wrap^{MESW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Emoticons Broccoli Cheese Soup^{MSW} Relish Boats Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Applesauce Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> All Beef Cheeseburger^{MW} All Beef Hamburger^W Premium Spicy Chicken Sandwich^{SW} Deep Dish Cheese or Pepperoni Pizza^{*MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Caesar Shaker Salad^{MSW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> BBQ Baked Beans[*] Relish Boats Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M 	Choice of 1 Protein/Grain: <ul style="list-style-type: none"> Chicken Nuggets^{SW} w/WG Biscuit^W 4x6 Cheese or Pepperoni Pizza^{*MW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Buffalo Chicken Wrap^{MESW} Choice of 1 or 2 Vegetables: <ul style="list-style-type: none"> Roasted Sweet and Russet Potatoes^W Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad Choice of 1 or 2 Fruits: <ul style="list-style-type: none"> Pears Assorted Fresh Fruits Dried Fruits 100% Fruit Juice Choice of 1 Milk: <ul style="list-style-type: none"> Milk Variety^M

<p>16</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Cheese Quesadilla^{MSW} Cheese Stuffed Breadsticks^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Turkey Bacon Club Ciabatta^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Refried Beans Steamed Corn^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pineapple Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>17</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Pork Z'Rib^{*MSW} Grilled Cheese^{MW} Rippers Cheese or Pepperoni Pizza^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Asian Shaker Salad^{SW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Home Fries^W Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Applesauce Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>18</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Country Baked Steak^W w/WG Dinner Roll^W Garlic French Bread Pizza^{MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Salad Wrap^{MESW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Mashed Potatoes^M Gravy Available^{MS} Tomato Soup^W Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>19</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Macaroni and Cheese^{MEW} w/NY Garlic Toast^{MSW} Premium Dill Chicken Sandwich^{MSW} Deep Dish Cheese or Pepperoni Pizza^{*MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Caesar Shaker Salad^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Green Beans^M Relish Boats Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pears Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>20</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich^{SW} Spicy Chicken Sandwich^{SW} 4x6 Cheese or Pepperoni Pizza^{*MW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Buffalo Chicken Wrap^{MESW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Baked Potato Relish Boats Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Mandarin Oranges Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M
<p>23</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Chicken Corn Dog Nuggets^{ESW} Cheese Stuffed Breadsticks^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Turkey Bacon Club Ciabatta^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Cali Blend w/Cheese^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pears Fruit Cocktail Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>24</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Beef or Bean Soft Tacos^{SW} Rippers Cheese or Pepperoni Pizza^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Asian Shaker Salad^{SW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Refried Beans Steamed Corn^M Assorted Fresh Vegetables 100% Vegetable Juice Salsa Cups Mixed Greens Salad <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>25</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Chicken and Waffles^{MESW} Garlic French Bread Pizza^{MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Chicken Salad Wrap^{MESW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Tri-Taters Cheesy Potato Soup^{MSW} 100% Vegetable Juice Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Applesauce Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>26</p> <p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> General Tso's Chicken^{MSW} Over Rice^S Premium Chris P Chicken Sandwich^{MW} Deep Dish Cheese or Pepperoni Pizza^{*MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Steamed Broccoli^M 100% Vegetable Juice Salsa Cups <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Mandarin Oranges Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>27</p> <div style="text-align: center;">  </div>

Pricing	
Milk	\$0.60
Student Lunch	\$2.85
Student Lunch, Premium	\$3.15
A la Carte Entrée	\$2.10
A la Carte Premium Entrée	\$2.45

Snacks and beverages are available for purchase at an additional charge. Please see the website for pricing.

Legend:	
W – Contains Wheat	P – Contains Peanuts
S – Contains Soy	T – Contains Tree Nuts
M – Contains Milk/Dairy	E – Contains Eggs
F – Contains Fish	SF – Contains Shellfish
* Contains Pork	
GF – Naturally Gluten Free	

National School Breakfast Week

Join us on Thursday, March 5th in the café for limited time only breakfast items.

Bacon, Egg, and Sausage Pizza Bagels

Berry Cheese Danish Sticks

Tropical Fruit Raisels

Breakfast Meal \$1.40
Breakfast Entrée \$1.25

Breakfast Served Daily
8:00 – 8:30
Except Wed. 8:30 – 9:07

If you ever have questions, concerns or comments please do not hesitate to contact your cafeteria manager.

Main Café	Marlene Knisley	317.873.3355	x12974
The Wedge	Jamie Jordan	317.873.3355	x62330
Eagle Café @ Freshman Center	Tina Riley	317.873.3355	x62974

To pay online or to set up low balance reminders visit the ZCS Food Service web page and click on the SchoolPay icon!
Visit the ZCS Food Service web page and look for the meal assistance section where you will find information and an application.
Charging Practices Students having a negative account balance will be encouraged to purchase a meal; no "meal" is taken from students.

Menus subject to change 2-26-20

MARCH

Students may take 3-5 components to make a meal
Components are: Protein, Grain, 1-2 Vegetables, 1-2 Fruits
and Milk

All meals must include at least 1 Fruit or Vegetable

Eagle Café @ The Freshman Center

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Cheese Stuffed Breadsticks^{MESW} Premium Chris P Chicken Sandwich^{MW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Steamed Corn^M Relish Boats Assorted Fresh Vegetables Eagle Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Applesauce Fruit Cocktail Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Pork Tenderloin Sandwich^{*SW} Rippers Cheese Pizza^{MESW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Home Fries^W Relish Boats Assorted Fresh Vegetables Eagle Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Beef Pepperoni Calzone^{MSW} Premium Dill Chicken Sandwich^{MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Green Beans^M Relish Boats Assorted Fresh Vegetables Eagle Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pears Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Pork Z'Rib Sandwich^{*MSW} Chicken Tenders PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Tri-Taters Assorted Fresh Vegetables Eagle Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Mandarin Oranges Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Cheese Quesadilla^{MSW} Premium Spicy Chicken Sandwich^{SW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Refried Beans Cali Blend Veggies w/Cheese Sauce^M Relish Boats Assorted Fresh Vegetables Eagle Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pineapple Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M

The Wedge @ The Student Activity Center

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Spicy Chicken Sandwich^{SW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Assorted Fresh Vegetables Relish Boats Mixed Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Applesauce Fruit Cocktail Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> All Beef Cheeseburger^{MW} All Beef Hamburger^W PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Tri-Taters Assorted Fresh Vegetables Relish Boats Mixed Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Peaches Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Bosco Breadsticks^{MW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Beef Chili Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pears Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Deli Meat Sandwiches^{*MSW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Roasted Garbanzo Beans Relish Boats Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Mandarin Oranges Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M 	<p>Choice of 1 Protein/Grain:</p> <ul style="list-style-type: none"> Breaded Chicken Sandwich^{SW} PB&J Sandwich^{PW} Chef Salad^{ME} Protein Pack^{M GF} Premium Fruit and Yogurt Parfait^{MSW} <p>Choice of 1 or 2 Vegetables:</p> <ul style="list-style-type: none"> Baked Potato Relish Boats Assorted Fresh Vegetables Mixed Greens Salad Salsa Cups 100% Vegetable Juice <p>Choice of 1 or 2 Fruits:</p> <ul style="list-style-type: none"> Pineapple Assorted Fresh Fruits Dried Fruits 100% Fruit Juice <p>Choice of 1 Milk:</p> <ul style="list-style-type: none"> Milk Variety^M

Sushi in the Wedge on Tuesdays

10 roll package
\$7.00



CHILI Available every Wednesday

Counts as a vegetable towards a meal.
A la carte \$0.70

Frozen Yogurt in the Wedge on Thursdays

6oz for \$1.50

