

Paramus Catholic High School

Athletic Training Volunteer Contract

Paramus Catholic High School Athletic Training services offers the opportunity for its students to observe medical treatments for their student athletes as well as the day to day routine of the athletic training professional. The following contract outlines the volunteer's duties and responsibilities.

Requirements:

- Permission of Parent or Guardian.
- A student in the 11th or 12th grade.
- An overall average of 80 or higher affirmed by guidance counselor signature.
- Permission of Parent or Guardian
- One letter of recommendation from a teacher at Paramus Catholic High School.
- After the Initial Orientation week, Volunteers not in season should adhere to a recommended observation schedule of 6-10 hours per week.
- Participants must commit to a week stay until the end of PC competitions at least once a week. During the **Fall** season, volunteers must attend football games which typically finish **around 9:00pm**. During the **Winter** season basketball games and wrestling matches sometimes end at close to **9:00pm**. During the **Spring** season, typically the latest a game or practice will last is until **7:00-8:00pm**
- Participants are asked to commit to one Saturday per month to assist athletic trainer during practice and games.
- Participants who participate in one or more sport per school year are welcome, but may not participate when they are active participants on a team that is presently "in-season."
- During the **Fall**, there is a Pre-season period that participants must attend starting in the second week of August. All participants must be present for the entire first 5 days of whichever season they are accepted into for orientation/training.

Note: Students on disciplinary or academic probation will be suspended from the program.

Duties:

- Assist in sanitizing rehab equipment.
- Assist with daily set-ups.
- Assist with organizing rehab equipment and water jugs/ice chests.
- Attend the first 5 days of training/orientation the first week that the volunteer season begins

Responsibilities:

- Arriving on time for each scheduled volunteer time-block.
- Strictly Maintaining privacy of patients.
- Working together with fellow interns/volunteers with scheduling and duties.
- Maintaining a record of hours participated in internship/volunteering.
- Wearing proper attire as per the athletic trainer.
- Observe medical treatments without interference
- Communicate when unable to attend an assigned day due to unexpected emergency or illness through email

*** An athletic training intern/volunteer will have no physical contact with an athlete under the trainer's care, and should never be alone in a one on one situation with an athlete who is working with the trainer.**

By signing this contract, it is agreed that I, the intern, will abide by all the requirements, duties, and responsibilities listed above. I, the volunteer, understand the high level of responsibility and mature attitude that is needed to remain affiliated with the program and that the decision to be removed from the program will be jointly made by the athletic trainer and Vice Principal/ Athletic Director, if necessary.

Student volunteer intern PRINT name here: _____

Parent/Guardian Signature:

Date:

Intern/Volunteer Signature:

Date:

PC Email Address

Athletic Trainer's Signature:

Date:

Approved for participation in the Athletic Training Volunteer program:

Guidance Counselor – signature confirms 80 or higher GPA

Date:

Vice Principal/ Athletic Director Signature:

Date:

Season: (CIRCLE) FALL WINTER SPRING YEAR _____

Intern/Volunteer Email

_____@_____.com

Parent Contact Cell Number _____