



APRIL 2019 K-8 Menu

Fayette County Public Schools

Grab N Go Snack Box
Will be offer Every Tuesday N Thursday
Menu Includes
Deli Sandwich on a Hoagie Bun
Lettuce, Tomato, Pickle, & Onion
Chips

Monday

Grilled Chicken Sandwich **1**
BBQ Nachos
Purple Peas
Corn on the Cob
Mandarin Oranges
Assorted Fresh Fruit
Milk

Cheeseburger on a Bun **8**
Fish Sticks w/Hushpuppies
Cole Slaw
Glazed Carrots
Chilled Peaches Cup
Assorted Frsh Fruit
Milk

Turkey and Gravy W/Roll **15**
Corn Dog
Whole Baked Potatoes
Broccoli w/Cheese
Chilled Pineapple Chunks Cup
Assorted Fresh Fruit
Milk

Chicken Alfredo w Garlic Breadstick **22**
Mini Corn Dogs
Garden Salad
Baked Potatoes
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

Steak and Gravy/ Roll **29**
Hot Dog on a Bun
Mashed Potatoes with Gravy
Green Peas
Assorted Fresh Fruit
Applesauce
Milk

Tuesday

Crispito with Cheese **2**
Chicken Rings/Roll
Glazed Carrots
Triangle Potatoes
Chilled Peaches
Cantaloupe
Milk

9
**Half Day
for
Students**

Crispito with Cheese **16**
Chicken Rings/Roll
Glazed Carrots
Triangle Potatoes
Chilled Peaches Cup
Assorted Fresh Fruit
Milk

Pizza Max Sticks/Marinara Sauce **23**
Meatloaf Minis w/Roll
Corn on the Cob
Green Beans
Chilled Peaches
Assorted Fresh Fruit
Milk

Grilled Chicken Sandwich **30**
BBQ Nachos
Purple Hull Peas
Whole Kernel Corn
Mandarin Oranges
Assorted Fresh Fruit
Milk

Wednesday

Oven Baked Breaded Chicken/Biscuit **3**
Chilli W/Cheese & Crackers
Whole Baked Potatoes
Broccoli w/Cheese
Pineapple Chunks
Assorted Fresh Fruit
Milk

Pizza Max Stick W Salsa **10**
Hot Dog on Bun
Mashed Potatoes
Green Peas
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

Hamburger on a Bun **17**
Chicken Fajita w/ Cheese Soft Shell Tortilla
Broccilo
Sweet Potatoes Casserole
Chilled Pineapple Chunks Cup
Assorted Fresh Fruit
Milk

Popcorn Chicken with Roll **24**
Deli Turkey Sandwich/Lett, Tom
Glazed Baby Carrots
Crinkle Cut Fries
Applesauce
Assorted Fresh Fruit
Milk

Thursday

Spaghetti/Meat Sauce & Breadstick **4**
Chicken & Cheese Quesadilla
Tossed Salad
Green Beans
Frozen Fruit Juice Dog
Assorted Fresh Fruit
Milk

Grilled Chicken Sandwich **11**
BBQ Nachos
Broccoli w/Cheese
Whole Kernel Corn
Mandarin Oranges
Assorted Fresh Fruit
Milk

Grilled Cheese Sandwich **18**
Pulled Pork Barbecue on a Bun
Cole Slaw
Baked Beans
Chilled Fruit Cups
Assorted Fresh Fruit
Milk

Fish Sandwich/Bun w Cheese **25**
Baked Chicken w/Roll
Creamy Coleslaw
Broccoli with Cheese
Chilled Pears
Assorted Fresh Fruit
Milk

Friday

Stuffed Crust Cheese or Pepperoni Pizza **5**
Pulled Pork Barbecue/Bun
Hash Rounds
Green Peas
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

Cheese or Pepperoni Pizza **12**
Deli Turkey Sandwich/Lett, Tom
Glazed Baby Carrots
Crinkle Cut Fries
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

19
**Good Friday
No School**

Stuffed Crust Cheese or **26**
Pepperoni Pizza
Soft Shell Taco on Tortilla Cheese,
Lettuce, Tomato
Cheesy Refried Beans
Glazed Baby Carrots
Chilled Applesauce Cup
Assorted Fresh Fruit
Milk

Lunch Meal Pattern

- 2 oz. meat/meat alternate daily 10 oz. minimum per week
- 1 oz. equivalent grain daily (5 oz. eq. minimum per week)
- 1 cup of vegetable daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cup milk daily (5 cups per week)

**MENUS ARE SUBJECT TO
CHANGE DUE TO PRODUCT
AVAILABILITY**

This institution is an equal opportunity provider.

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

