

January 2019

Main Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



No School

2



No School

3

- Pick 1 Entree**
- Tyson Chicken Nuggets with Dinner Roll
 - Tyson Chicken Patty on Bun
 - Smucker's Uncrustable PBJ & Go-Gurt Combo
- Pick 2 or 3 sides**
- Whipped Potatoes with Creamy Chicken Gravy
 - Grape Tomatoes
 - Orange Juice
- Pick 1 Milk**

4

- Pick 1 Entree**
- Kellogg's Chocolate Chip French Toast with Syrup & Tyson Seasoned Chicken Sausage Patty
 - Otis Spunkmeyer Muffin & Yogurt Munchable
- Pick 2 or 3 sides**
- Fresh Baby Carrots
 - Hash Brown Round Potatoes with Red Gold Ketchup, 9 gm
 - Chilled Diced Pears
- Pick 1 Milk**

7

- Pick 1 Entree**
- Tyson Breaded Chicken Breast Tenders with Dinner Roll
 - Cereal Munchable
- Pick 2 or 3 sides**
- Corn
 - Fresh Baby Carrots
 - Chilled Diced Peaches
- Pick 1 Milk**

8

- Pick 1 Entree**
- Domino's Cheese Pizza
 - Domino's Pepperoni Pizza
 - Welches PBJ Gram Slam, Yogurt, Chez-It Combo
- Pick 2 or 3 sides**
- Romaine Salad
 - Fresh Broccoli Crowns with Ranch Dressing, 12 gm
 - Seasonal Fresh Fruit
- Pick 1 Milk**

9

- Pick 1 Entree**
- #1* Traveling Taco with Seasoned Beef, Cheese, Salsa & Tostitos Rounds
 - 2* Classic Rectangle Cheese Pizza or Classic Rectangle Pepperoni Pizza
 - 3* **Pick 2 or 3 sides**
 - Tossed Salad
 - Refried Beans and Salsa
 - Seasonal Fresh Fruit
- Pick 1 milk**

10

- Pick 1 Entree**
- Tyson Chicken Nuggets with Dinner Roll
 - Tyson Chicken Patty on Bun
 - Smucker's Uncrustable PBJ & Go-Gurt Combo
- Pick 2 or 3 sides**
- Grape Tomatoes
 - Whipped Potatoes with Creamy Chicken Gravy
 - Apple Juice
- Pick 1 Milk**

11

- Pick 1 Entree**
- Kellogg's Mini Confetti Pancakes and Syrup with
 - Scrambled Egg Patty
 - Otis Spunkmeyer Muffin & Yogurt Munchable
- Pick 2 or 3 sides**
- Fresh Baby Carrots
 - Cucumber slices
 - Strawberries
- Pick 1 Milk**

14

- Pick 1 Entree**
- French Toast Sticks and a Sausage Link with Syrup and a Fruit Roll-Up
 - Cheese-filled Max Sticks with Pizza Sauce
- Pick 2 or 3 sides**
- Corn
 - Fresh Baby Carrots
 - Applesauce
- Pick 1 Milk**

15

- Pick 1 Entree**
- Domino's Cheese Pizza
 - Domino's Pepperoni Pizza
 - Welches PBJ Gram Slam, Yogurt, Chez-It Combo
- Pick 2 or 3 sides**
- Romaine Salad
 - Green Beans
 - Chilled Diced Peaches
- Pick 1 Milk**

16

- Pick 1 Entree**
- #1* Hamburger on Bun or Cheeseburger
 - #2 Cheese* French Bread Pepperoni Pizza or French Bread Style Cheese Pizza
 - #3 Pepp.*
- Pick 2 or 3 sides**
- Tossed Salad
 - Homemade Baked Beans
 - Seasonal Fresh Fruit
- Pick 1 Milk**

17

- Pick 1 Entree**
- Tyson Chicken Nuggets with Dinner Roll
 - Tyson Chicken Patty on Bun
 - Smucker's Uncrustable PBJ & Go-Gurt Combo
- Pick 2 or 3 sides**
- Grape Tomatoes
 - Whipped Potatoes with Creamy Chicken Gravy
 - Assorted Juices
- Pick 1 Milk**

18

- Pick 1 Entree**
- Mini Maple Pancakes with Tyson Seasoned Chicken Sausage Patty
 - Otis Spunkmeyer Muffin & Yogurt Munchable
- Pick 2 or 3 sides**
- Fresh Broccoli Crowns with Ranch Dressing, 12 gm
 - Hash Brown Round Potatoes with Red Gold Ketchup, 9 gm
 - Chilled Diced Pears
- Pick 1 Milk**

21



Dr. Martin Luther King Day - No School

22

- Pick 1 Entree**
- Domino's Cheese Pizza
 - Domino's Pepperoni Pizza
 - Welches PBJ Gram Slam, Yogurt, Chez-It Combo
- Pick 2 or 3 sides**
- Homemade Baked Beans
 - Fresh Baby Carrots with Ranch Dressing, 12 gm
 - Strawberries
- Pick 1 Milk**

23

- Pick 1 Entree**
- #1* Homestyle Creamy Mac and Cheese and Dinner Roll
 - #2* Classic Rectangle Cheese Pizza or Classic Rectangle Pepperoni Pizza
 - #3* **Pick 2 or 3 sides**
 - Romaine Salad
 - Cucumber slices
 - Seasonal Fresh Fruit
- Pick 1 Milk**

24

- Pick 1 Entree**
- Tyson Chicken Nuggets with Dinner Roll
 - Tyson Chicken Patty on Bun
 - Smucker's Uncrustable PBJ & Go-Gurt Combo
- Pick 2 or 3 sides**
- Fresh Broccoli Crowns with Ranch Dressing, 12 gm
 - Whipped Potatoes Creamy Chicken Gravy
 - Apple Juice
- Pick 1 Milk**

25

- Pick 1 Entree**
- CinnaBar with Scrambled Egg Patty
 - Muffin Yogurt Munchable
- Pick 2 or 3 sides**
- Fresh Baby Carrots
 - Grape Tomatoes
 - Fresh Orange Wedges
- Pick 1 milk**

28

- Pick 1 Entree**
- Tyson Popcorn Chicken & Pillsbury Whole Grain Rich Mini Maple Waffles with Syrup
 - Chicken Corndog
- Pick 2 or 3 sides**
- Corn
 - Fresh Baby Carrots
 - Applesauce
- Pick 1 Milk**

29

- Pick 1 Entree**
- Domino's Cheese Pizza
 - Domino's Pepperoni Pizza
 - Welches PBJ Gram Slam, Yogurt, Chez-It Combo
- Pick 2 or 3 sides**
- Homemade Baked Beans
 - Fresh Broccoli Crowns with Ranch Dressing, 12 gm
 - Chilled Diced Peaches
- Pick 1 Milk**

30

- Pick 1 Entree**
- #1* Oven Baked Lightly Breaded Mozzarella Cheese Sticks with Pizza Sauce
 - #2 Cheese* French Bread Pepperoni Pizza or French Bread Style Cheese Pizza
 - #3 Pepp.*
- Pick 2 or 3 sides**
- Romaine Salad
 - Green Beans
 - Fresh Banana
- Pick 1 Milk**

31

- Pick 1 Entree**
- Tyson Chicken Nuggets with Dinner Roll
 - Tyson Chicken Patty on Bun
 - Smucker's Uncrustable PBJ & Go-Gurt Combo
- Pick 2 or 3 sides**
- Whipped Potatoes with Creamy Chicken Gravy
 - Grape Tomatoes
 - Orange Juice
- Pick 1 Milk**