

# January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		<b>Weight Room Closed</b> Christmas Break	<b>Weight Room Closed</b> Christmas Break	<b>Weight Room Closed</b> Christmas Break	<b>Weight Room Closed</b> Christmas Break	
6	7	8	9	10	11	12
	<b>Weight Room Closed</b> Christmas Break	<b>3:00-3:45</b> Drop-In	<b>3:00-3:45</b> Varsity Basketball <b>4:30-5:00</b> JV Soccer	<b>3:00-3:30</b> Cheer/Pom <b>3:30-4:00</b> Drop-In	<b>1:50-2:30</b> Drop-In	
13	14	15	16	17	18	19
	<b>3:00-3:40</b> JV Basketball <b>5:00-5:30</b> Varsity Soccer	<b>3:00-3:45</b> Drop-In	<b>3:00-3:45</b> Varsity Basketball <b>4:30-5:00</b> JV Soccer	<b>3:00-3:30</b> Cheer/Pom <b>3:30-4:00</b> Drop-In	<b>3:00-3:45</b> Drop-In	
20	21	22	23	24	25	26
	<b>Weight Room Closed</b> No School	<b>3:00-3:45</b> Drop-In	<b>3:00-3:45</b> Varsity Basketball <b>4:30-5:00</b> JV Soccer	<b>3:00-3:30</b> Cheer/Pom <b>3:30-4:00</b> Drop-In	<b>3:00-3:45</b> Drop-In	
27	28	29	30	31	1	
	<b>3:00-3:40</b> JV Basketball <b>5:00-5:30</b> Varsity Soccer	<b>3:00-3:45</b> Drop-In	<b>3:00-3:45</b> Varsity Basketball <b>4:30-5:00</b> JV Soccer	<b>3:00-3:30</b> Cheer/Pom <b>3:30-4:00</b> Drop-In	<b>3:00-3:45</b> Drop-In	
<b>Notes:</b>						