



## Health Services Guidelines

### Medication at School (prescribed and over the counter):

1. **Must be brought in and picked up by a parent or legal guardian NEVER with the child. A student cannot carry their own medication unless cleared by their doctor and school nurse.**
2. All prescribed medication must have a label on it, even Inhalers
3. All medication will be administered only as stated on the label, unless a doctor's note accompanies the medication. Please check over-the-counter labels for the appropriate age and dose.
4. Over-the-counter medication requires a doctor's note if it is to be given for more than a week.
5. All medication Must be FDA approved, so please check the labels

\*\* Your school nurse does not supply any medication this includes but is not limited to antibiotic ointments, hydrocortisone cream, and cough drops. Saline drops for irritated eyes and petroleum jelly for chapped lips may be available. \*\*

**Medical Conditions:** If your child has a medical condition such as asthma, severe allergic reactions, seizures, etc please always follow-up with your school nurse. There are medical actions plans that need to be filled out by your child's doctor.

## ILLNESS

**NO SCHOOL** if temperature is 100.0 degrees or greater.



If your child has a **fever**, students must be **fever free** (<100.0) **WITHOUT** Tylenol/ibuprofen given for 24 hours before returning to school.



**Nausea/Vomiting/Diarrhea/Fever:** if your child has been ill with this, keep them home until the symptoms have resolved for 24 hours. These symptoms can be a sign of a contagious illness such as the **flu** or a **gastric virus**.



For **strep throat, pink eye, flu** or other **contagious illnesses**, your child must be on treatment antibiotics for a **minimum of 24 hours** before returning to school.

**If your student is sent home from school with any of the above symptoms they may not return to school until the above guidelines are met.**

**School wheelchair and crutches:** The wheelchair/crutches in the campus clinics are for emergency use only and designed for transport, not daily use. If your student requires temporary use of crutches or a wheelchair, they must be provided by the parent with a physician's note, these mobility devices will not be provided by the clinic.

By following the above guidelines, we hope to provide a healthy environment for everyone in the school community.

Respectfully,  
Your School Nurse