



## Skip the Slopes!



## Come to Camp!

LADTA Families,  
For those who are skipping the slopes this ski week, we will be hosting an all sports camp. The camp will run Monday (Feb 18th) through Friday (Feb 22nd).

Our E|L1 speed and agility camp will engage athletes in a broad range of movement patterns from acceleration, deceleration, change of direction and more. Athletes will not only develop individual fundamental skills, but also engage in team building games and fun activities. Through understanding proper movement patterns our athletes will be able to continue competing at the highest level.

### Schedule

5-7yrs 9-11am  
8-11yrs 9-11am  
12-14yrs 1-3pm

### What to bring:

Tennis Shoes  
Water Bottle  
Athletic Clothes

Cost: \$50

### To sign up:

- Click the link below for your athlete's age.
- Search EL1 Sports
- Online Store
- Select "Camp"
- Register your athlete!

5-7yrs

8-11yrs

12-14yrs

