

# TIFFIN COLUMBIAN HIGH LUNCH MENU

## January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>01/07/2019</b>	<b>01/08</b>	<b>01/09</b>	<b>01/10</b>	<b>01/11</b>
<u><b>Welcome Back</b></u> Chicken Parm Patty/Bun Lettuce/Pickles  Pizza  Salad Bar	<u><b>Taco Tuesday</b></u> Soft Shell Taco w/Refried Beans  Walking Taco  Pizza  Salad Bar	Hamburger Gravy Over Mashed Potatoes w/Biscuit/Honey  Wedge Pizza  Salad Bar	Bosco Cheese Sticks w/Marinara Sauce  Chicken Rings w/Dipping Sauce Dinner Roll  Pizza  Salad Bar	<u><b>Blue &amp; Gold Day</b></u> Egg/Sausage/Cheese Bagel  French Toast Sticks w/Syrup Sausage  Pizza  Salad Bar
Broccoli/Cheese  Ranch Potato Bake	Corn  Spanish Rice	Green Beans  Glazed Carrots	Baked Beans  Salad/Dressing	Potato Triangle  Veggie Choice
Fresh Fruit  Peaches	Cinnamon Applesauce  Grapes	Fresh Fruit  Mixed Fruit	Fresh Fruit  Mandarin Oranges	100% Fruit Juice  Warm Cinnamon Apple Slice
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

**\*\* Menus subject to change without notice!**

Student Lunch \$2.70    Salad Bar \$3.20

**No Charges Please!**

All Milk Served is Low Fat or Fat Free

**“This Institution is an equal opportunity Provider”**

# TIFFIN COLUMBIAN HIGH LUNCH MENU

## January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/14/2019	01/15	01/16	01/17	01/18
Dutch Waffle Sausage Yogurt	<b><u>Taco Tuesday</u></b> Beef & Queso Cheese Nachos	Pizza Calzone	Italian Sub	<b><u>Blue &amp; Gold Day</u></b> Macaroni & Cheese PB Bread
Breakfast Pizza	Double Wrap Taco	Spaghetti/Meat Sauce Warm Garlic Breadstick	Meatball Sub	Coney Dog/Bun
Salad Bar	Pizza	Pizza	Deli Turkey & Cheese Sub	Wedge Pizza
	Salad Bar	Salad Bar	Pizza	Salad Bar
Potato Triangle	Corn	Salad/Dressing	Baked Potato/Sour Cream	Peas
Broccoli Soup/Crackers	Fresh Veggies/Dip	Green Beans	Baked Beans	Veggie Choice
Fresh Orange Wedges	Cinnamon Applesauce	Banana/PB	Fresh Fruit	Fruit Choice
100% Grape Juice	Grapes	Mixed Fruit Cup	Peaches	
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

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# TIFFIN COLUMBIAN HIGH SCHOOL

## January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/21/2019	01/22	01/23	01/24	01/25
<b>NO SCHOOL</b>	<u>Taco Tuesday</u> Soft or Hard Shell Taco  Taco Dog/Bun Doritos  Fiestada Pizza  Salad Bar	Spicy Korean BBQ Chicken On Flatbread  Cheese Flatbread Pizza  Salad Bar	Grilled Cheese  Grilled Ham & Cheese  WG Pizza  Salad Bar	<u>Blue &amp; Gold Day</u> Chicka Boom Sandwich w/TC Sauce  Wedge Pizza
	Corn  Baked Beans  Spanish Rice Soup	Cole Slaw  Sweet Potato Tots	Tomato Soup/Crackers  Broccoli/Cheese Sauce	Oven Fries  Veggie Choice
	Fresh Fruit  Cinnamon Applesauce  100% Fruit Juice	Fresh Fruit  Fruit & Yogurt Parfait	Fresh Fruit  Warm Apple Slices	Fruit Choice
				TC Cookie
	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

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# TIFFIN COLUMBIAN HIGH SCHOOL

## January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/28/2019	01/29	01/30	01/31	02/01
Chicken & BBQ Rib Combo Basket  Teriyaki Chicken Rice Bowl  WG Pizza  Salad Bar	<u><b>Taco Tuesday</b></u> Chicken Fajita Wrap Refried Beans  Taco Salad w/Breadstick  Pizza  Salad Bar	Chicken Strips Dinner Roll  Sloppy Joe/Bun Cheese Slice Baked Doritos  Wedge Pizza  Salad Bar	Philly Beef Sub w/Peppers & Onions  French Bread Pizza  Salad Bar	Turkey Bacon Wrap Lettuce/Tomato/Pickles   Pizza  Salad Bar
Romaine/Spinach Salad w/Dressing  Green Beans	Corn  Vegetable Soup/Crackers	Mashed Potatoes/Gravy  Baked Beans	Cole Slaw  Pea Salad	Oven Fries  Veggie Choice
Fresh Fruit  Peaches	Cinnamon Applesauce  100% Fruit Juice	Fresh Fruit  Fruit & Yogurt Parfait	Fresh Fruit  Mandarin Oranges	Fruit Choice
Fortune Cookie				
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

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