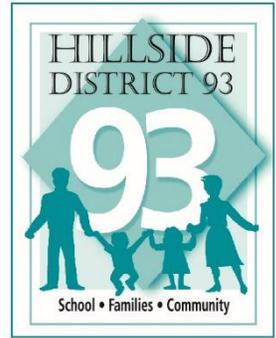


Developmental Screenings for Preschool Children 3- 5 Years Old

April 9, 2019



Child development: Preschool milestones

Every child grows and develops at his or her own pace. Still, child development tends to follow a fairly predictable path. This chart gives some milestones to consider for ages 2 - 5.

Age 2	Age 3	Age 4	Age 5
Language Skills <ul style="list-style-type: none"> Links words together Uses some adjectives (big, happy) 	<ul style="list-style-type: none"> Speaks in 3 to 4 words sentences Understands words like “in”, “on” and “under”. Uses pronouns (I, you, we, they,) and some plurals. 	<ul style="list-style-type: none"> Sings a song or says a poem from memory Tells stories Uses correctly “he” and “she” 	<ul style="list-style-type: none"> Tells a story using full sentences Uses future tenses, for example: Grandma will be here
Social Skills <ul style="list-style-type: none"> Shows defiant behavior Becomes interested in playing with other children 	<ul style="list-style-type: none"> Takes turns Shows affective openly 	<ul style="list-style-type: none"> Would rather play with other children than by him/herself Cooperates with other children 	<ul style="list-style-type: none"> Follows rules Understands gender Can tell what’s real and what’s make believe
Cognitive Skills <ul style="list-style-type: none"> Begins to sort shapes and colors Plays simple make believe games 	<ul style="list-style-type: none"> Does puzzles with 3 or 4 pieces Builds towers of more than 6 blocks 	<ul style="list-style-type: none"> Names some colors and some numbers Starts to copy some capital letters 	<ul style="list-style-type: none"> Correctly counts up to 10 or more objects Knows about things used every day, like money and food
Physical Skills <ul style="list-style-type: none"> Climbs onto and down from furniture without help Kicks a ball Stands on tiptoe 	<ul style="list-style-type: none"> Runs, climbs, and pedals a tricycle Walks up and down stairs, one foot on each step 	<ul style="list-style-type: none"> Catches a bounced ball most of the time Pours and cuts with supervision 	<ul style="list-style-type: none"> Hops, swings and somersault Uses a fork and a spoon

*Adapted from the CDC Developmental Milestone List

Click [here](#) to see the full CDC Milestone List

[Español](#)

Why come for Free Screening through Hillside SD #93?

As a parent, you may wonder if your 3 to 5-year-old child is learning and growing in the way expected. Your child can be screened using the ages and stages screener.

What is screening?

- Screening is a quick look at how your child is learning and growing

The areas screened are:

- Thinking and language skills
- Development of motor skills
- Emotional development
- Self-help Skills

Screening allows us to decide:

- If your child’s development is fine at this point
- If a follow-up screening is needed
- If your child qualifies for the Hillside Pre-K

To request a screening, contact Ana Maria Velasquez at 708-449-6490 x 7104, avelasquez@hillside93.org