

Baker Lunch Menu



February 2019



CREATIONS

FEBRUARY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
28th – 1st	Orange Chicken with Brown Rice and Asian Vegetables	Macaroni and Cheese with Dinner Roll and Steamed Broccoli V	Chicken Drumstick with Mashed Potatoes, Gravy and a Dinner Roll	Chicken Nuggets with Corn and a Dinner Roll	French Toast V with Turkey Sausage and Hash Brown Patties
4th-8th	Oven Roasted Chicken with Macaroni and Cheese and Broccoli	Mini Corn Dogs and Sweet Potato Fries	Early Release Day No Lunch	Cheese V or Pepperoni Stromboli and California Vegetable Blend	Baked Penne with Green Beans and a Dinner Roll V
11th-15th	General Tso's Chicken with Fried Rice and Asian Vegetable Blend	Roasted Turkey and Gravy with Roasted Carrots	Beefy Macaroni with Dinner Roll and Green Beans	Chicken Nuggets with Corn and a Dinner Roll	Pulled Pork Mac and Cheese with Steamed Broccoli
18th – 22nd	Mid-Winter Recess	Mid-Winter Recess	Chili Baked Potatoes with Dinner Roll	Buffalo Chicken Macaroni & Cheese	Waffles V with Turkey Sausage
25th – 1st	Orange Chicken with Brown Rice and Asian Vegetables	Macaroni and Cheese with Dinner Roll and Steamed Broccoli V	Early Release Day No Lunch	Chicken Nuggets with Corn and a Dinner Roll	French Toast V with Turkey Sausage and Hash Brown Patties

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian. Many of our other daily specials have the option to be made **vegetarian**, just ask!



GRILL

FEBRUARY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
EVERYDAY OPTIONS:	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V	Hamburger Cheeseburger Garden/Black Bean Burger V Crispy/Spicy Chicken Patty Bosco Sticks V
28th – 1st	BBQ Bacon Cheeseburger	Chicken Philly	Early Release Day No Lunch	Hot Dog	Chicken Club
4th-8th	Philly Cheese Steak Sandwich	Chicken Parm Sandwich	Bacon Cheeseburger	Pulled Pork Sandwich	Chicken Cordon Blue Sandwich
11th -15th	BBQ Bacon Cheeseburger	Chicken Philly	Meatball Sub	Hot Dog	Chicken Club
18th – 22nd	Mid-Winter Recess	Mid-Winter Recess	Bacon Cheeseburger	Pulled Pork Sandwich	Chicken Cordon Blue Sandwich
25th – 1st	BBQ Bacon Cheeseburger	Chicken Philly	Early Release Day No Lunch	Hot Dog	Chicken Club

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat. Items marked with a **V** are vegetarian.



PIZZA

FEBRUARY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
EVERYDAY OPTIONS:	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza
28th – 1st	Mac & Cheese Pizza	Sausage Pizza	Early Release Day No Lunch	Meatball Calzone	Margherita Pizza
4th-8th	BBQ Chicken Pizza	Meatlover's Calzone	Veggie Pizza V	Sausage Pizza	Breakfast Pizza
11th-15th	Buffalo Chicken Pizza	Sausage Pizza	Supreme Pizza	Sausage Calzone	Chicken Spinach Alfredo
18th – 22nd	Mid-Winter Recess	Mid-Winter Recess	Bruschetta Pizza	Sausage Pizza	Chicken Bacon Ranch Pizza
25th – 1st	Mac & Cheese Pizza	Sausage Pizza	Early Release Day No Lunch	Meatball Calzone	Margherita Pizza

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



SALSA

FEBRUARY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
EVERYDAY SIDES:	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>	<i>Shredded lettuce, diced tomatoes, salsa, jalapenos</i>
28th – 1st	Beef or Bean and Cheese Nachos V Taco Fiesta Black Beans	Beef or Bean and Cheese Tacos V Refried Pinto Beans	Early Release Day No Lunch	Chicken Fajitas Refried Pinto Beans	Beef Quesadillas V Taco Fiesta Black Beans
4th-8th	Chicken Fajita Bowl Taco Fiesta Black Beans	Steak Fajitas Refried Pinto Beans	Cheese Quesadillas V Taco Fiesta Black Beans	Beef Tacos Refried Pinto Beans	Beef or Bean and Cheese Nachos V Taco Fiesta Black Beans
11th -15th	Beans Enchiladas V Refried Pinto Beans	Cheese Quesadillas V Taco Fiesta Black Beans	Beef or Bean and Cheese Nachos V Taco Fiesta Black Beans	Chicken Fajitas Taco Fiesta Black Beans	Beef Tacos V Refried Pinto Beans
18th – 22nd	Mid-Winter Recess	Mid-Winter Recess	Beef or Bean and Cheese Nachos V Refried Pinto Beans	Chicken Fajita Bowl Taco Fiesta Black Beans	Cheese Quesadilla V Refried Pinto Beans
25th – 1st	Beef or Bean and Cheese Nachos V Taco Fiesta Black Beans	Beef or Bean and Cheese Tacos V Refried Pinto Beans	Early Release Day No Lunch	Chicken Fajitas Refried Pinto Beans	Beef Quesadillas V Taco Fiesta Black Beans

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FEBRUARY MENU

DELI

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Protein</u> Salami Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Buffalo Chicken Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Bacon Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Chicken Nuggets Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>	<p><u>Protein</u> Pepperoni Turkey Ham Roast Beef Chicken/Tuna Salad Hummus V American Cheese V White American/Swiss V</p> <p><u>Bread</u> V Whole Grain Sub Whole Grain Tortilla Whole Grain Bread Whole Grain Flatbread</p> <p><u>Veggies</u> V Lettuce Spinach Tomato Onions Black Olives Green Peppers Banana Peppers Pickles</p> <p><u>Sauce</u> V Mayo Chipotle Mayo Mustard Italian/Ranch Dressing</p>

Each meal meets USDA meal requirements for grades 9-12 with a minimum of 2 oz M/MA, 2 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.



FAST TAKES

FEBRUARY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
28th – 1st	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad V	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad V	Early Release Day No Lunch	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad V	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad V
4th-8th	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad V	American Wrap Ham and Cheese American Sub Chicken Caesar Salad Garden Salad V	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad V	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad V	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad V
11th-15th	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad V	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad V	Turkey Bacon Club Wrap Turkey and Cheese Turkey Bacon Club Sub Buffalo Chicken Salad Garden Salad V	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad V	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad V
18th – 22nd	Mid-Winter Recess	Mid-Winter Recess	Buffalo Chicken Wrap Turkey and Cheese Ham and Cheese Sub Crispy Chicken Salad Garden Salad V	Crispy Chicken Wrap Ham and Cheese American Sub Chef Salad Garden Salad V	Chicken Bacon Wrap Italian Sub Turkey and Cheese Fajita Chicken Salad Garden Salad V
25th – 1st	Chicken Caesar Wrap Ham and Cheese Turkey and Cheese Chef Salad Garden Salad V	Buffalo Chicken Wrap American Style Sub Ham and Cheese Chicken Caesar Salad Garden Salad V	Early Release Day No Lunch	Italian Sub Italian Wrap Ham and Cheese Chef Salad Garden Salad V	Southwest Wrap Buffalo Chicken Sub Turkey and Cheese Taco Salad Garden Salad V

Each meal meets USDA meal requirements for grades 6-8 with a minimum of 1 oz M/MA, 1 oz eq grain, 1 cup fruit, 1 cup vegetable and a variety of 8 fluid ounces milk. Milk options include 1% and nonfat white milk. Items marked with a **V** are vegetarian.