

Kilgore High School <i>September 2-30, 2019</i>	World Café	Bulldog Diner	Tejas Grill
<b>MONDAY</b> 	Buffalo Chicken Pizza Cheeseburger Pizza Personal Cheese Pizza <u>Grain/Vegetable/Fruit:</u> Fresh Mixed Greens Salad Baby Carrot Sticks	Asian Glazed Chicken Chunks Sriracha Honey Chicken Chunks <u>Grain/Vegetable/Fruit:</u> Mediterranean Quinoa Salad Sweet Potato Fries Fresh Mixed Greens Salad	Soft Tacos <i>(Choice of beef or chicken or pork)</i> Offered w/ lettuce, tomato, cheese, jalapenos <u>Grain/Vegetable/Fruit:</u> Spanish Rice Homemade Pinto Beans Fresh Mixed Greens Salad
<b>TUESDAY</b> 	Sweet and Sour Fried Rice Bowl <i>(includes chicken, fried rice)</i> <u>Grain/Vegetable/Fruit:</u> Veggie Egg Roll Steamed Broccoli Spears Baby Carrot Sticks	Buffalo Chicken Drumsticks Breaded Chicken Drumsticks <u>Grain/Vegetable/Fruit:</u> Honey Wheat Roll Roasted Rosemary Potatoes Baby Carrot Sticks Steamed Broccoli Spears	Bulldog Walkaround Nachos <i>(choice of chicken or beef)</i> Offered with lettuce, tomato, jalapenos <u>Grain/Vegetable/Fruit:</u> Spanish Rice Baby Carrot Sticks Steamed Broccoli Spears Homemade Pinto Beans
<b>WEDNESDAY</b> 	Four Meat Pizza Personal Pepperoni Pizza <u>Grain/Vegetable/Fruit:</u> Spinach Salad Glazed Carrots	Spicy Jalapeno Hamburger Hamburger Cheeseburger Offered with lettuce, tomatoes, pickles <u>Grain/Vegetable/Fruit:</u> Seasoned Fries Homemade Pinto Beans Glazed Carrots	SW Chicken Flautas <u>Grain/Vegetable/Fruit:</u> Homemade Pinto Beans Spinach Salad Glazed Carrots
<b>THURSDAY</b> 	General Tso's Spicy Noodle Bowl <i>(includes gen. Tso chicken, spicy noodles)</i> <u>Grain/Vegetable/Fruit:</u> Veggie Egg Roll Imperial Vegetable Blend Fresh Mixed Greens Salad	Baked Potato <i>(choice of buffalo chicken or BBQ)</i> Offered with sour cream and shredded cheese <u>Grain/Vegetable/Fruit:</u> Fresh Baked Biscuit Baby Carrot Sticks Fresh Mixed Green Salad	Crunchy Tostadas <i>(choice of chicken or beef)</i> Offered with toppings <u>Grain/Vegetable/Fruit:</u> Spanish Rice Baby Carrot Sticks Fresh Mixed Green Salad
<b>FRIDAY</b> 	Chicken Sandwich <i>(regular or spicy)</i> Spicy Tuna Sandwich <i>w/pickled veggies</i> <u>Grain/Vegetable/Fruit:</u> Potato tots Baked Beans Key West Vegetables	Popcorn Chicken Spicy Popcorn Chicken <u>Grain/Vegetable/Fruit:</u> Honey Wheat Roll Potato Tots Key West Vegetables	Beef Tamales Plate <b>Plate comes with 2 tamales, rice, refried beans</b> <u>Grain/Vegetable/Fruit:</u> Key West Vegetables Baby Carrot Sticks
Fruit choices: <b>Sept 2<sup>nd</sup>-6<sup>th</sup></b> Red Delicious Apple, Orange wedges or Raisin Variety <b>Sept 9-13<sup>th</sup></b> Gala/Fuji Apple TX Peach, TX Watermelon Chunks <b>Sept 16<sup>th</sup>-20<sup>th</sup></b> Granny Smith Apple, Fresh Plum, Craisin Variety <b>Sept 23<sup>rd</sup>-27<sup>th</sup></b> Apple Variety, Red Grapes, Orange Wedges <b>Sept 30<sup>th</sup>-October 4<sup>th</sup></b> Gala/Fuji Apple, Peach, Raisin Variety  <b>***Only A la Carte items will be sold on the SHACK line***</b>		<u>Announcements:</u> Labor Day! No School <b>September 2, 2019</b>  <b>Variety of Milk offered with meal</b>  <i>Menu subject to change based on food availability.</i>  <b>Vegetarian options available daily.</b> <b><u>No special menu items will be created.</u></b>	

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