

# September 2019

## Ness Elementary Cross Country Team Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	9	10	11	12	13 Practice 8:00-8:45	14
15	16 Practice 8:00-8:45	17	18 No Practice Late Start	19	20 Practice 8:00-8:45	21
22	23 Practice 8:00-8:45	24	25 Practice 8:00-8:45	26	27 Practice 8:00-8:45	28
29	30 Practice 8:00-8:45					

Please be sure to be in attendance at every practice!

Meets will end at approximately 5:30, be sure you sign your child out before leaving. If you can not pick them up from the meet we will bus them back to Ness and will be here about 5:45pm for you to pick them up.

If you have questions please email

Miss. Bell or Mrs. Jackson.  
Ashley.Bell@wvwsd.org  
Jennifer.Jackson@wvwsd.org

Or call the Office at 922-5470



# October 2019

## Ness Elementary Cross Country Team Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 No Practice Late Start	3 Meet at WVHS 4:00pm	4 Practice 8:00-8:45	5
6	7 Practice 8:00-8:45	8	9 Practice 8:00-8:45	10	11 Practice 8:00-8:45	12
13	14 Practice 8:00-8:45	15	16 Practice 8:00-8:45	17	18 No practice Fun Run day!	19
20	21 Practice 8:00-8:45	22	23 No Practice Late Start	24 Meet at WVHS 4:00pm	25 Practice 8:00-8:45 *Qualifiers only*	26
27	28 All Valley Meet: Lo- cation TBD	29	30	31		

**\*\* Note: There will be NO practice on the mornings of Meets, or late start!**

November 4th will be a celebration of all our hard work. More info to follow.

All Valley Meet— only students who qualify will attend this meet. More to follow on this as well!

