





Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



| MONDAY | TUESDAY | WEDNESDAY | Thursday | FRIDAY | Avg Nutrients Target |
|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|  | 1 Mac.Cheese w.Ham Fish Sandwich Tater Tots Popeye Salad Fresh Fruit Rip Tide Slushie Rice Krispie | 2 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Peach Cup/ Pineapple | 3 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread Fresh Fruit Diced Pears | 4 Pizza Chicken Sandwich Baked Beans French Fries Peaches Juice Cup Cake | Calories... 648 Cholesterol...65 mg Sodium.1079 mg Sugar 25.7 g Carbohydrates 89.6 g |

| MONDAY | TUESDAY | WEDNESDAY | Thursday | FRIDAY | Avg Nutrients Target |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| 7 Meatloaf Chicken Chunks Mac & Cheese Roll Blackeyed Peas Carrots Fruit Cocktail Applesauce cup | 8 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears Fresh Fruit | 9 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese Roll Fresh Fruit Peaches | 10 Oven Baked Chicken Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples Wheat Roll W.G. | 11 Corndog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges Juice | Calories...650 Cholesterol...67 mg Sodium. 1105 mg Sugar 30.3 g Carbohydrates 91.4 g |

| MONDAY | TUESDAY | WEDNESDAY | Thursday | FRIDAY | Avg Nutrients Target |
|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|----------------------|
| 14 Manager Choice | 15 Manager Choice | 16 Manager Choice | 17 Manager Choice | 18 Manager Choice | |

| MONDAY | TUESDAY | WEDNESDAY | Thursday | FRIDAY | Avg Nutrients Target |
|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| 21 Manager Choice | 22 Manager Choice | 23 Manager Choice | 24 Manager Choice | 25 Bag Lunch Peanut Butter & Jelly Sandwich Ham & Cheese Sandwich Chips Juice Broccoli /Ranch Dressing Applesauce Cup |  |

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown