



Apr. 29 - May 30



Richland High School



LUNCH PRICES
STUDENT \$2.00
REDUCED \$0.40
ADULT \$2.95

Bob Lonsinger
GENERAL MANAGER
269-4497

foodservices@richlandhsd.com

What is a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread choice of milk

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a

Weekly Vegetable Subgroups May Include:

Dark Green

spinach - broccoli
romaine - spring salad

Red - Orange

carrots - sweet potatoes
tomatoes - red peppers

Beans & Peas

white potatoes
corn - peas

Other vegetables include

celery sticks - cucumbers green peppers - green bean iceberg lettuce - onion zucchini - mushrooms

Daily Fruit Selections May Include:

Oranges - Apples - Bananas
Grapes - Pears - Peaches
Cantaloupe - Mellon
Berries - Applesauce
Pineapple - Mixed Fruit
Mandarin Oranges

Nutritious Friends !!



Accounts may be viewed on Power School

Pay on Line at
www.Pay Schools Central or by
deposit envelope in the cafeteria.

USDA is an equal opportunity provider and employer.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Choose any Entrée	4/29	4/30	5/1	5/2
Main Plate	Penna Pasta w/ Meatballs and Garlic Bread Sticks	Texas Toasted Cheese Tatar Tots	Chicken & Gravy Over Biscuit	Bacon Cheeseburger w/ Oven Baked Fries
J.Clark's Grille	Chicken Patty Sandwich	Popcorn Chicken & Roll	Chicken Nuggets & Roll	Spicy Chicken Sandwich
Poblano's	Soft Shell Taco	Nacho Grande	Soft Shell Taco	Nacho Grande
Villa Toscana	Bacon Chicken Ranch	Meat Lovers	Stromboli	Perogie
Bravo	Stir Fry	Stir Fry	Stir Fry	Stir Fry
Up for Grabs with Roll	Garden	Chef	Oriental Chicken	Crispy Chicken
Green Scene	Red Pepper Strips Caesar Salad	Tomato Soup 3 Bean Salad	Mashed Potatoes Strawberry Spinach Salad	Baked Beans Cole Slaw
Featured Fruit	Peaches	Diced Pears	Mandarin Oranges	Apple Sauce
Choose a Milk	1% Milk	1% Milk	1% Milk	1% Milk
	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
Choose any Entrée	5/6	5/7	5/8	5/9
Main Plate	Buffalo Chicken Mac & Cheese w/ Bread Stick	Thai Orange Chicken Noodle Bowl w/ Eggroll	Buffalo Chicken & Cheddar Cheese Flatbread w/ Fries	Chicken Mashed Potato Bowl
J.Clark's Grille	Chicken Patty Sandwich	Popcorn Chicken & Roll	Chicken Nuggets & Roll	Spicy Chicken Sandwich
Poblano's	Nacho Grande	Nacho Grande	Nacho Grande	Soft Shell Taco
Villa Toscana	Meat Lovers	Veggie Lovers	Pepperoni Roll	Buffalo Chicken Ranch
Bravo	Stir Fry	Stir Fry	Stir Fry	Stir Fry
Up for Grabs with Roll	Chef	Oriental Chicken	Tuna Salad	Garden
Green Scene	Broccoli Caesar Salad	Cherry Tomatoes Cole Slaw	Baby Carrots Chick Pea Salad	Mashed Potatoes Celery Sticks
Featured Fruit	Apple Sauce	Peaches	Pineapple	Cranberry Sauce
Choose a Milk	1% Milk	1% Milk	1% Milk	1% Milk
	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
Choose any Entrée	5/13	5/14	5/15	5/16
Main Plate	Pizza Pasta w/ Garlic Bread	Pork & Sauerkraut w/ Mashed Potatoes	Cowboyburger On a Bun with Oven Baked Fries	Oriental Sesame Chicken Steamed Rice
J.Clark's Grille	Chicken Patty Sandwich	Popcorn Chicken & Roll	Chicken Nuggets & Roll	Spicy Chicken Sandwich
Poblano's	Nacho Grande	Soft Shell Taco	Nacho Grande	
Villa Toscana	Meat Lovers	Buffalo Chicken	White Pizza (Tomato Garlic)	Chicken Bacon Ranch
Bravo	Pasta w/ Chicken Bruschetta	Pasta w/ Chicken Bruschetta	Pasta w/ Chicken Bruschetta	
Up for Grabs	Chef	Oriental Chicken	Tuna	Garden
Green Scene	Caesar Salad Celery Sticks	3 Bean Salad Baby Carrots	Cole Slaw Red Pepper Strips	Steamed Broccoli Cherry Tomatoes
Featured Fruit	Apple Sauce	Pineapple Tidbits	Peaches	Mandarin Oranges
Choose a Milk	1% Milk	1% Milk	1% Milk	1% Milk
	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
Choose any Entrée	5/20	5/21	5/22	End of the Year Buffet
Main Plate	Chicken Parmesan w/ Spaghetti & Sauce	Chicken Cordon Blue Sandwich (Chicken, Ham and Cheese)	Chicken Fajita Wrap w/ Spanish Rice	Homemade Stromboli
J.Clark's Grille	Chicken Patty Sandwich	Popcorn Chicken & Roll	Chicken Nuggets & Roll	Chicken Strips
Poblano's	Nacho Grande	Soft Shell Taco	Nacho Grande	Curly Fries
Villa Toscana	Meat Lovers	Veggie	Bacon Chicken Ranch	Potato Salad
Bravo	Buffalo Chicken & Cheese Loaded Fries	Buffalo Chicken & Cheese Loaded Fries	Buffalo Chicken & Cheese Loaded Fries	Pasta Salad
Up for Grabs	Tuna	Oriental Chicken	Chef	Corn
Green Scene	Baby Carrots Caesar Salad	Celery Sticks Cole Slaw	Green Pepper Strips Cherry Tomatoes	Apple Crisp
Featured Fruit	Pears	Mixed Fruit	Apple Sauce	Assorted Juices
Choose a Milk	1% Milk	1% Milk	1% Milk	1% Milk
	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk
Choose any Entrée	5/27	5/28	5/29	5/30
Main Plate	NO	Southwest B.B.Q Bacon Chicken Wrap with Rice	Meatball Hoagie with Fries	Pulled B.B.Q. Pork Hoagie and Tatar Tots
J.Clark's Grille	SCHOOL	Popcorn Chicken & Roll	Chicken Nuggets & Roll	Spicy Chicken Sandwich
Poblano's	Memorial Day	Soft Shell Taco	Nacho Grande	Soft Shell Taco
Villa Toscana		Buffalo Chicken	White Pizza (Tomato Garlic)	Pepperoni Roll
Bravo		Buffalo Chicken & Cheese Loaded Fries	Buffalo Chicken & Cheese Loaded Fries	Buffalo Chicken & Cheese Loaded Fries
Up for Grabs		Oriental Chicken	Tuna	Garden
Green Scene		Red Pepper Slices Chick Pea Salad	Cucumber Slices Cole Slaw	Baby Carrots Broccoli Salad
Featured Fruit		Mixed Fruit	Peaches	Mandarin Oranges
Choose a Milk		1% Milk	1% Milk	1% Milk
		Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk

