

JUST AROUND THE CORNER FOR BOYS



The fifth grade boys will appreciate this Growth and Development video that reflects a positive look at the changes of puberty. The narration and photography includes animated figures and helps prepare boys for the momentous changes coming in puberty. These important topics are introduced:

- When to expect the onset of puberty
- The physical and emotional changes of puberty
- The maturation of the male reproductive system
- Common experiences of puberty, including voice changes, feelings of physical awkwardness, and nocturnal emissions
- The importance of good hygiene and healthy habits
- Maintaining health through good nutrition and exercise