

Breakfast Menu

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Bean & Cheese Burrito Hot Sauce 100% Fruit Juice Fruit Milk	2 Coffee Cake Fruit Cup Fruit Milk	3 Apple Jacks Cereal Whole Grain Bites Fruit Milk	4 Country Biscuit w/ Sausage Gravy <i>*Vegetarian Option Available*</i> Fruit Milk
7 Pan Dulce Fruit Milk	8 Chicken Chorizo & Papas Taco <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	9 Whole Grain Bagel Cream Cheese Fruit Cup Fruit Milk	10 Cinnamon Frosted Flakes Cereal Whole Grain Bites Fruit Milk	11 Breakfast Cheese Tamale Fruit Milk
14 Apple Cinnamon Muffin Flat Fruit Milk	15 Turkey Sausage Croissant Sandwich <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	16 Oatmeal Breakfast Bar Fruit Cup Fruit Milk	17 Chocolate Mini Wheats Cereal Whole Grain Bites Fruit Milk	18 Mini Banana Pancakes Fruit Milk
21 Yogurt Granola Fruit Milk	new 22 Chicken Sausage Biscuit <i>*Vegetarian Option Available*</i> Strawberry Jelly 100% Fruit Juice Fruit Milk	23 Orange Muffin Fruit Cup Fruit Milk	24 Fruit Loops Cereal Whole Grain Bites Fruit Milk	25 French Toast Sticks Fruit Milk
28 Memorial Day	29 Ham & Cheese English Muffin (Contains Pork) <i>*Vegetarian Option Available*</i> 100% Fruit Juice Fruit Milk	30 Coffee Cake Fruit Cup Fruit Milk	31 Frosted Flakes Whole Grain Bites Fruit Milk	1

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This institution is an equal opportunity provider.



Lunch Menu 9-12

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
	Spaghetti w/ Meat Sauce <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Chicken Patty Burger <i>Oven Baked Fries</i> <i>Cucumber Slices w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	BBQ Pork Patty on Hoagie Roll <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Green Chicken Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
7 new	8 new	9	10	11
Carnitas Burrito <i>(Contains Pork)</i> <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Lasagna Cheese Roll-Ups Dinner Roll <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Chicken Nuggets <i>Cheesy Mashed Potatoes</i> <i>Whole Grain Dessert</i> <i>Jicama Sticks w/ Tajin</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Teriyaki Beef Not So Fried Rice <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Beef Chili Popped Corn Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
14	15	16 new	17	18
Red Chicken Enchiladas <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Country "Fried" Pork Chop w/ Gravy <i>Glazed Carrots</i> <i>Corn Muffin</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Chili Cheese Fries <i>Nacho Poptillas (150%)</i> <i>Celery Sticks w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Pepperoni Pizza Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	BBQ Chicken Baked Beans <i>Dinner Roll</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
21	22	23	24	25 new
Cheese Tamale Mixed Vegetables <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Carnitas Nachos <i>(Contains Pork)</i> <i>Tortilla Chips</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Cheeseburger <i>Oven Baked Fries</i> <i>Cucumber Sticks w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Chicken Alfredo Steamed Broccoli <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Meaty Potato Pie <i>Corn Muffin</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
28	29	30	31	1
Memorial Day	Shredded Chicken Burrito <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Hot Dog <i>Oven Baked Fries</i> <i>Baby Carrots w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Orange Chicken Chow Mein Noodles <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	

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Lunch Menu 9-12 Vegetarian

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
	Cheesy Spaghetti <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Vegetarian Burger <i>Oven Baked Fries</i> <i>Cucumber Slices w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	BBQ Plant-based "Chicken" on Hoagie Roll w/ onions <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Green Cheese Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
7	 Lasagna Cheese Roll-Ups Dinner Roll <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	9	10	11
Bean & Cheese Burrito <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>		Plant-based "Chicken" Strips <i>Cheesy Mashed Potatoes</i> <i>Whole Grain Dessert</i> <i>Jicama Sticks w/ Tajin</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Plant-based "Chicken" Teriyaki Not So Fried Rice <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Bean & Cheese Chili Popped Corn Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
14	15		17	18
Red Cheese Enchiladas <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Plant-based "Chicken" w/ Gravy <i>Glazed Carrots</i> <i>Corn Muffin</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Vegetarian Chili Cheese Fries <i>Nacho Poptillas (150%)</i> <i>Celery Sticks w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Pizza Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Plant-based BBQ "Chicken" Baked Beans <i>Dinner Roll</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
21	22	23	24	
Cheese Tamale Mixed Vegetables <i>Side Salad</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Cheese Nachos <i>Tortilla Chips</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Cucumber Sticks w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Cheese Alfredo Steamed Broccoli <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Plant-based "Meaty" Potato Pie <i>Corn Muffin</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
28	29	30	31	1
Memorial Day	Bean & Cheese Burrito <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Baby Carrots w/ Ranch</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	Plant-based "Orange" Chicken Chow Mein Noodles <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	

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Sandwich Menu 9-12



May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Ham & Cheese Sandwich <i>(Contains Pork)</i> Baby Carrots Fruit Milk	2 Turkey & Cheese Sandwich <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	3 Wowbutter Sandwich <i>Side Salad</i> Fruit Milk	4 Turkey Pastrami & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
7 Deli Chicken & Cheese Sandwich <i>Side Salad</i> 100% Fruit Juice & Fruit Milk	8 Turkey & Cheese Sandwich on Pretzel Roll Baby Carrots Fruit Milk	9 Roast Beef Sandwich <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	10 Wowbutter Sandwich <i>Side Salad</i> Fruit Milk	11 Turkey Ham & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
14 Turkey Ham & Cheese Sandwich <i>Side Salad</i> 100% Fruit Juice & Fruit Milk	15 Ham & Cheese Sandwich <i>(Contains Pork)</i> Baby Carrots Fruit Milk	16 Turkey & Cheese Sandwich <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	17 Wowbutter Sandwich <i>Side Salad</i> Fruit Milk	18 Turkey Pastrami & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
21 Deli Chicken & Cheese Sandwich <i>Side Salad</i> 100% Fruit Juice & Fruit Milk	22 Turkey & Cheese Sandwich on Pretzel Roll Baby Carrots Fruit Milk	23 Roast Beef Sandwich <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	24 Wowbutter Sandwich <i>Side Salad</i> Fruit Milk	25 Turkey Ham & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
28 Memorial Day	29 Ham & Cheese Sandwich <i>(Contains Pork)</i> Baby Carrots Fruit Milk	30 Turkey & Cheese Sandwich <i>Oven Baked Fries</i> 100% Fruit Juice & Fruit Milk	31 Wowbutter Sandwich <i>Side Salad</i> Fruit Milk	1

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Salad Entrée Menu 9-12



May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots Fruit Milk	2 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	3 Buffalo Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	4 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
7 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice & Fruit Milk	8 Buffalo Chicken Salad Dinner Roll Ranch Dressing Baby Carrots Fruit Milk	9 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	10 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	11 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
14 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice & Fruit Milk	15 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots Fruit Milk	16 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	17 Buffalo Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	18 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
21 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice & Fruit Milk	22 Buffalo Chicken Salad Dinner Roll Ranch Dressing Baby Carrots Fruit Milk	23 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	24 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	25 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
28 <i>Memorial Day</i>	29 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots Fruit Milk	30 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	31 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	1

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Supper Menu

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) WG Cheez-its (1 G/B) Fruit (1/2 c)	2 WG Chicken Burrito (2M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Hot Sauce Sliced Apple (1/2 c)	3 Beef Nacho Fries (2 M/MA, 2 G/B, 1/2 c veg) 100% Fruit Juice (1/2 c)	4 WG Baked Ziti w/ Meat Sauce (2 M/MA, 2 G/B, 1/2 c veg) Fruit (1/2 c)
7 WG Chicken Patty Burger (2M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)	8 WG Deli Chicken & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/2 c)	9 WG Chicken Tamale (2 M/MA, 2 GB) Mixed Vegetables (1/2 c veg) Sliced Apple (1/2 c)	10 BBQ Pork Patty on WG Hoagie Roll (2 G/B, 2 M/MA) Fruitable Juice (1/2 c) 100% Fruit Juice (1/2 c)	11 WG Corn Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) Fruit (1/2 c)
14 WG Cheeseburger Sliders (2M/MA, 2 G/B) Fruitable Juice (1/2 c veg) Apple Sauce (1/2 c)	15 WG Turkey & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/2 c)	16 Teriyaki Chicken (2 M/MA) "Not So Fried" Brown Rice (1 G/B, 1/2 c veg) Sliced Apple (1/2 c)	17 BBQ Pork Meatballs (2 M/MA) Mashed Potatoes (1/2 c veg) WG Corn Muffin (1 G/B) 100% Fruit Juice (1/2 c)	18 Beef Chili (2 M/MA, 1/2 c veg) Popped Corn Chips (2 G/B) Fruit (1/2 c)
21 Marinara Sauce WG Cheese Stick Dippers (2M/MA, 1 G/B, 1/2 c veg) Apple Sauce (1/2 c)	22 Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) WG Cheez-its (1 G/B) Fruit (1/2 c)	23 WG Chicken Burrito (2M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Hot Sauce Sliced Apple (1/2 c)	24 WG Chicken Nuggets (2 M/MA, 1 G/B) Mashed Potatoes (1/2 c veg) 100% Fruit Juice (1/2 c)	25 WG Beef Chalupa (2 M/MA, 1 GB, 1/2 c veg) Fruit (1/2 c)
28 Memorial Day	29 WG Turkey Pastrami & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/2 c)	30 Carnitas Nachos (Contains Pork) (2 M/MA, 1/2 c veg) WG Tortilla Chips (2 G/B) Sliced Apple (1/2 c)	31 WG Cheeseburger (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) 100% Fruit Juice (1/2 c)	1

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Snack Menu

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Sunbutter Cup Graham Crackers	2 Cereal Pouch 100% Fruit Juice (6 oz)	3 Rice Krispies Treats Fruit (3/4 c)	4 Cheese Puffs 100% Fruit Juice (6 oz)
7 Multi-Grain Bar 100% Fruit Juice (6 oz)	8 Cheese Cup Wheat Crackers	9 Baked Chips 100% fruit Juice (6 oz)	10 Cheez-its Fruit (3/4)	11 Pretzels 100% Fruit Juice (6 oz)
14 Cinnamon Granola 100% Fruit Juice (6oz)	15 String Cheese Corn Nuggets	16 Cereal Pouch 100% Fruit Juice (6 oz)	17 Banana Muffin Fruit (3/4)	18 Cheese Puffs 100% Fruit Juice (6 oz)
21 Mini Blueberry Loaf 100% Fruit Juice (6 oz)	22 Apple Cinnamon Dipper Whole Grain Bites	23 Chex Mix 100% Fruit Juice (6 oz)	24 Cranberry Oatmeal Round Fruit (3/4c)	25 Strawberry Delight 100% Fruit Juice (6oz)
28 <i>Memorial Day</i>	29 Sunbutter Cup Graham Crackers	30 Honey Sunflower Seeds 100% Fruit Juice (6 oz)	31 Baked Chips Fruit (3/4 c)	1

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Snack includes 2 items: grain, fruit, protein or milk.

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