Things We Wish We Knew Before We Went to College

Advice from Current College Freshmen and Sophomores
We asked 36 college freshmen and sophomores what they wish they knew before they went to college...
What we thought they would say and what they told us were very different. Here’s the advice they had for you...
Don’t let anyone talk you into a major that you don’t like because you will be miserable!

– Emma
Don’t bring all the clothes you own.
- Kaitlyn
Go to office hours
- Jonathan
Getting tutoring does not make you dumb

– Malika
Eat a vegetable at least once a week
– Hannah
ADVOCATE FOR YOURSELF!!!!
- Kaylee
Do as much homework before the weekend as possible because even if you think you’ll work on it Saturday, you won’t

- Brittany
DON’T ROOM WITH FRIENDS FROM HOME!
– Peyton
Set boundaries with your roommate(s) when you get there to avoid problems later
– Ashley
You need more layers to walk to class than you do to walk down your driveway at home

- Allison
Build in time to DESTRESS
- Jacob
Get involved in extracurriculars
- Trevor
Cry if you need to
- Kayla
Call your mom if you need to  
– Sydney
Don’t buy your textbooks until you get to class because someone always found a cheaper version than you.

- Johnny
Don’t walk around alone, especially girls because college campuses are public property
– Anna
Don’t date the first person you meet - like at college - or in general, I guess
- Adrienne
Bring at least one interview outfit
- Kiera
Actually study
- Brett
Make sure you know your insurance information
– Zachary
Be prepared to relearn how to study because it’s different from high school.

- Nicole
Participate in class because the professors don’t realize that not everyone has a PhD in philosophy or Chemistry or whatever
- Hank
Pay attention to the campus update emails because you can usually find out where the free food is at that way
- Tyler
Go to sporting events
- Claire
Always go to things where there are free shirts (unless it involves a credit card)

– Emily
Try to give yourself breaks when scheduling classes
– Izabella
If you are stressed go to the gym or read a book but try not to comfort eat or binge drink instead of dealing with your emotions

- Kasey
Find a quiet place to study – your dorm is very rarely that place – dorms are distracting
– Rebecca
Silence/put away your phone when you are studying
– Kortney
Get a planner
– Nicholas
Make a TO DO list at the start of each week – Sarah
Participate in class
– Scott
Try to pick up your room once a week before it gets overwhelming
- Kara
Get clothes for every weather
– Alicia
Do a walkthrough of your classes before the first day
- Bryan
Don’t be afraid to get a tutor
– Jeremy
Go to open labs whenever possible
– Sarah
THE END!