

Things We Wish We Knew Before We Went to College

**Advice from Current College Freshmen
and Sophomores**



**We asked 36 college
freshmen and sophomores
what they wish they knew
before they went to college...**

**What we thought they would
say and what they told us
were very different. Here's
the advice they had for you...**

Don't let anyone talk you
into a major that you don't
like because you will be
miserable!

- Emma

Don't bring all the
clothes you own.
- Kaitlyn

**Go to office
hours
- Jonathan**

**Getting tutoring does not
make you dumb
- Malika**

Eat a vegetable at least
once a week
- Hannah

ADVOCATE FOR
YOURSELF!!!!

- Kaylee

DO AS MUCH HOMEWORK BEFORE THE WEEKEND AS
POSSIBLE BECAUSE EVEN IF YOU THINK YOU'LL
WORK ON IT SATURDAY, YOU WON'T

- BRITTANY

**DON'T ROOM WITH
FRIENDS FROM HOME!**

- Peyton

Set boundaries with
your roommate(s)
when you get there to
avoid problems later
- Ashley

You need more layers to
walk to class than you
do to walk down your
driveway at home
- Allison

Build in time to DESTRESS
- Jacob

Get involved in
extracurriculars
- Trevor

CRY IF YOU NEED TO

- KAYLA

Call your mom if
you need to
- Sydney

DON'T BUY YOUR TEXTBOOKS UNTIL YOU GET
TO CLASS BECAUSE SOMEONE ALWAYS FOUND
A CHEAPER VERSION THAN YOU

- JOHNNY

Don't walk around alone,
especially girls because
college campuses are
public property

- Anna

Don't date the first person you
meet - like at college - or in
general, I guess
- Adrienne

Bring at least one
interview outfit
- Kiera

Actually study
– Brett

**Make sure you know
your insurance
information
- Zachary**

BE PREPARED TO RELEARN HOW TO STUDY
BECAUSE IT'S DIFFERENT FROM HIGH SCHOOL
- NICOLE

Participate in class because the professors don't realize that not everyone has a PhD in philosophy or Chemistry or whatever

- Hank

**Pay attention to the campus
update emails because you can
usually find out where the free
food is at that way**

- Tyler

Go to sporting
events
- Claire

Always go to things
where there are free
shirts (unless it involves
a credit card)

- Emily

Try to give yourself
breaks when scheduling
classes

- Izabella

**If you are stressed go to the gym
or read a book but try not to
comfort eat or binge drink instead
of dealing with your emotions**

- Kasey

Find a quiet place to study
- your dorm is very rarely
that place - dorms are
distracting
- Rebecca

Silence/put away your
phone when you are
studying
- Kortney

Get a planner
- Nicholas

Make a TO DO list at the
start of each week
- Sarah

Participate in class
- Scott

Try to pick up your
room once a week
before it gets
overwhelming

- Kara

Get clothes for
every weather
- Alicia

Do a walkthrough of
your classes before the
first day
- Bryan

Don't be
afraid to get
a tutor
- Jeremy

Go to open labs
whenever
possible
– Sarah

THE END!
