

Lunches may be prepaid.
 Make check payable to
 School Food Services.



HAMPDEN WILBRAHAM REGIONAL SCHOOL DISTRICT
WMS

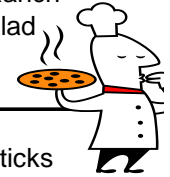
Menu subject to change
 based on product availability.

Elementary Lunch \$2.75
Milk only \$.50

May 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1-May Meatball Sub on WW Roll Shredded Mozzarella Steamed Broccoli Oven Fries Fruit	2-May Pasta w/ Meatsauce Garden Salad Red Pepper Strips Fruit	3-May Stuffed Crust Pizza Baby Carrots w/ Low Fat Ranch Garden Salad Fruit
6-May Tangerine Chicken Brown Rice Carrots Fruit	7-May Turkey Wrap on Wheat Tortilla Lettuce/ Tomato Pasta Salad Baby Carrots & Hummus Fruit	8-May Totally Taco Max Snacks Salsa For Dipping Brown Rice Corn Fruit	9-May Hot Dog on Whole Grain Bun Baked Beans Crunchy Cole Slaw Fruit	10-May Mozzarella Sticks Tomato Sauce for Dipping Seasoned Rotini Vegetable Choice Fruit
13-May French Toast Sticks Sausage Links Applesauce Fruit Fruitable Juice Box	14-May Pulled Pork on a Bun Crunchy Cole Slaw Oven Fries Fruit	15-May Taco Boat Salsa-Cheese-Lettuce Brown Rice Corn Fruit	16-May Baked Potato Bar Broccoli-Cheese Sauce Vegetarian Chili Dinner Roll Fruit	17-May Toasted Cheese Sandwich Tomato Soup Garden Salad Fruit
20-May Popcorn Chicken Sweet Potato Fries Vegetable Choice WG Breadstick Fruit	21-May Chicken Fajita Peppers & Onions Lettuce-Salsa-Cheese Corn Fruit	22-May Egg and Cheese Sandwich Potato Smiles Fruit	23-May Pizza Baby Carrots w/ Low Fat Ranch Garden Salad Fruit	24-May Early Release No Lunch Service
27-May Memorial Day No School 	28-May Chicken Nuggets Choice of Sauce Whipped Potato Mixed Vegetable Fruit	29-May Macaroni & Cheese Chop Chop Salad Carrots Fruit	30-May Mozzarella Sticks Tomato Sauce for Dipping Seasoned Rotini Steamed Broccoli Fruit	31-May Pizza Garden Salad Fruit



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Choice of Fresh Fruit served every day.
 Choice of milk served with every lunch - 1% low-fat, or Fat Free chocolate

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