



# TRAINING TALK

## WITH CYNGAY

October 2018

Mr. Chad Smith returned for a follow-up meeting on ALICE training for our department on September 18, 2018. The first thing we did was to watch a video on possible gun violence warning signs. How observant were you??? I must confess that I was focused on “Evan” and missed things going on with the other student in the background. This was a real eye-opener for me! Some of the warning signs were: he was reading a Guns & Ammo magazine; he seemed isolated; possibly bullied; he was watching a video of a shooter; his picture was on Instagram holding a gun; he was seen simulating “shooting” the teacher with his hand. Perhaps not everything individually was a concern, but put them all together and these were most definitely things to take notice of.

Mr. Smith mentioned the D.S.S.T. (Dynamic Student Support Team) which is made up of counselors, attorneys, medical professionals, etc. and involves the school, home, and medical field. This team helps with mental illness. Carmel and Hamilton Southeastern schools are working on mental wellness, just as our school district has the “Strong in Every Way.” He said everyone needs 6 anchors-many people working together to help and support. He said maybe a child’s behavior has changed due to an illness, loss of a pet, divorce, etc. As support staff, we may notice changes and we should report it. He also mentioned that if we would prefer to report something anonymously, that is okay to do so. Go to our ZCS website, click on “District”, then click on “School Safety”, then click on “Report It”. This is for students and staff to use.

We also had a great Q & A session with Mr. Smith. Many situations, scenarios, problems, and concerns were discussed. Remember: A=Alert, L=Lockdown (repeat it 3 times over the P.A. system), I=Inform (be specific and describe the person and the location/door number where they are), C=Counter, and E=Evacuate. As always, if you see something, say something. Jan asked Mr. Smith about potential drills during lunch; stay tuned for more information. The October event was the Board of Health. Look for a presentation on NVCI from the ZCS D.S.S.T. in November!

## A.L.I.C.E.

**Alert**  
**Lockdown**  
**Inform**  
**Counter**  
**Evacuate**



## Recap of First Union Elementary E-Day...Café Version!

Our first E-Day is in the record books, and in my view it was successful!

We got floors scrubbed, apples washed, sliced and bagged and turkey sliced and bagged AND we served lunch to all the preschoolers at the same time and THEN conducted 4 tours, 15 minutes apart, for those same preschoolers!

During the tour, the students had a million questions and wanted to touch EVERYTHING. Here's a brief idea of what we covered:

- Introduced myself and Di, our Cook III and asked them to guess how many lunches we make every day for the entire school. Highest guess was 100 ...(in reality it's 350-400)!
  - Showed them a production report and told them how important school is, especially math, as we use math every single day, even someone as old as me, because we count EVERYTHING, every day!
    - Told them we had 829 chocolate milk cartons in the building.
    - As they were eating lunch I went out and reminded them about how many Chocolate milks we had at the tour, and then how many we had now.
- Showed them the ovens, but didn't let them walk up to them. From afar, Di would open up the steamer and told them how that worked and explained what she did every day, ending with her putting the ready to eat product in the pass thrus, then I let the children touch both the warm and cold doors...that was a big deal. 😊
- Showed them the big kettle and mixer...they had to see down into the kettle.
- Took them into the dishroom and let the older groups do a quick squirt with the hose, then had them step back so I could run a rack through and told them there were 100s of little minions in there scrubbing all the dishes and when they were finished they would push it out the other end. They were impressed. 😊
  - They asked why there was smoke, and I told them it's because the water was very hot so it could kill all of the germs on the plates.
- Walked them by my office and naturally the first thing they saw was the basket of candy...I told them it was for staff, that if they had a good day at work they could have a piece. 😊
- Took them into dry storage and showed them how many boxes of chips we use on Walking Taco Day and how many cans of fruit we use every day.
- Then let them walk into cooler....the squeals of how cold it was in there were priceless. I asked them to tell me what they see in there and was impressed with how observant they were with their findings.
- Opened up the freezer door, but no one wanted to walk in because "it's freezing in the there" 😊. I noticed how the warm air was causing a frosty swirl around the fan so I told them it was "Frosty" trying to tell us to "shut the door, it's getting too hot in here." LOL...

I really do think the kids enjoyed themselves, and even had two different teachers share with me how surprised they were that some of the little chatterboxes were kids that barely open their mouths in class.

-Submitted by Kathy, UE Food Service Manager

*GREAT JOB Kathy and Di and many thanks. You really DID accomplish something on this day (and every other day too, no doubt)! On this E-Day, thanks to all involved for the many tours that were conducted at the ZCS preschool café sites (Z"West and all ZCS elementary schools).*