

Family Life Education Summary

Grade: Fourth Grade

Objectives:

The student will demonstrate ability to:

- Differentiate the physical, social, and emotional changes occurring at puberty and explain why puberty begins and ends at different ages.
- Explain the process of fertilization and how cells divide to create an embryo/fetus that grows and develops during pregnancy.
- Relate the health of the birth mother to the development of a healthy fetus.

Resources:

- BrainPop Video: [Growth](#)
- BrainPop Video: [Menstrual Cycle](#)
- BrainPop Video: [Puberty](#)
- BrainPop Video: [Fetal Development](#)
- BrainPop Video: [Babies](#)
- <https://www.nj.gov/health/>