

# Creating Responsible Kids on Smartphones

A Discussion of Youth Social Media & Mental Health Trends

**#For Adults Only#**

*Learn About:*

apps, smartphones, social media use/misuse, privacy settings, sharing too much information, setting expectations and ways to talk to young people about wise use of their devices.

There will also be a discussion of mental health topics such as depression, self harm and suicide.



**FREE!**

*Presented By: Ryan Klingensmith, Licensed Professional Counselor, Founder at Shape The Sky*



[www.shapethesky.org](http://www.shapethesky.org)

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**Wednesday, October 10, 2018**

**6:00-8:00 PM**

**AAJHS Auditorium**

**1400 Seventh Ave, Altoona**