

Kings Canyon USD

WASHINGTON ELEMENTARY LUNCH

DECEMBER 2018

Oct 22, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 CORN DOG WHOLE GRAIN F CARROT STICKS GREEN BEANS RAISINS MILK - Variety CONDIMENTS ASSORT	Dec - 4 Grilled Cheese Integ Whole GR SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Dec - 5 Beef/Cheese Taco Stick Vegetable Medley BAKED BEANS (VEGETARIA Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Dec - 6 Teriyaki Bowl K-5 BROCCOLI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT	Dec - 7 PIZZA MAX STIX CHEESE W CARROTEENIES SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT
Dec - 10 Chimichanga K-12 Sweet Potato Tots CARROTEENIES Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Dec - 11 CHICKEN & GRAVY K-5 SALAD Harvest CARROTS GLAZED 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT	Dec - 12 CHICKEN BURGER SALAD Harvest POTATO WEDGES SEASON Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Dec - 13 CHICKEN NUGGET; K-5 BROCCOLI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT	Dec - 14 BEEF TAMALES RUIZ BAKED BEANS (VEGETARIA Vegetable Medley MILK - Variety CONDIMENTS ASSORT HOLIDAY COOKIE
Dec - 17 NO SCHOOL TODAY	Dec - 18 NO SCHOOL TODAY	Dec - 19 NO SCHOOL TODAY	Dec - 20 NO SCHOOL TODAY	Dec - 21 NO SCHOOL TODAY
Dec - 24 NO SCHOOL TODAY	Dec - 25 HOLIDAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY
Dec - 31 NO SCHOOL TODAY				

MENU IS SUBJECT TO CHANGE
This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.