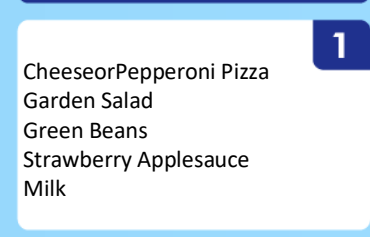


# FEBRUARY 2019 Pre K Menu

## Fayette County Public Schools

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


**4**  
Grilled Chicken Sandwich  
Purple Peas  
Whole Kernel Corn  
Mandarin Oranges  
Milk

**5**  
Chicken Tetrizzini/Roll  
Glazed Carrots  
Triangle Potatoes  
Chilled Peaches  
Milk

**6**  
Oven Baked Breaded Chicken/Biscuit  
Whole Baked Potatoes  
Broccoli w/Cheese  
Pineapple Chunks  
Milk

**7**  
Chicken & Cheese Quesadilla  
Tossed Salad  
Green Beans  
Frozen Fruit Juice Dog  
Milk

**8**  
Pulled Pork Barbecue/Bun  
Coleslaw  
Baked Beans  
Strawberry Applesauce  
Milk

**11**  
Mini Corn Dogs  
Garden Salad  
Baked Potatoes  
Chilled Fruit Cup  
Milk

**12**  
Popcorn Chicken with Roll  
Glazed Baby Carrots  
Crinkle Cut Fries  
Applesauce  
Milk

**13**  
Meatloaf Minis w/Roll  
Corn on the Cob  
Green Beans  
Chilled Peaches  
Milk

**14**  
Fish Sandwich/Bun w Cheese  
Creamy Coleslaw  
Broccoli with Cheese  
Chilled Pears  
Milk

**15**  
Hot Dog on Bun  
Hash brown Casserole  
Green Peas  
Chilled Fruit Cup  
Milk

**18**  
Corn Dog  
Whole Baked Potatoes  
Broccoli w/Cheese  
Pineapple Chunks  
Milk

**19**  
Spaghetti/Meat Sauce & Breadstick  
Tossed Salad  
Green Beans  
Frozen Fruit Juice Dog  
Milk

**20**  
Hot Dog on a Bun  
Mashed Potatoes with Gravy  
Green Peas  
Applesauce  
Milk

**21**  
Chicken Rings W/ Rolls  
Purple Hull Peas  
Whole Kernel Corn  
Mandarin Oranges  
Milk

**22**  
Cheese or Pepperoni Pizza  
Glazed Baby Carrots  
Crinkle Cut Fries  
Chilled Fruit Cup  
Milk

**25**  
BBQ Nachos  
Purple Peas  
Whole Kernel Corn  
Mandarin Oranges  
Milk

**26**  
Steak and Gravy/ Roll  
Mashed Potatoes with Gravy  
Green Peas  
Applesauce  
Milk

**27**  
Cheeseburger/Bun w/Lett, tom  
Sidewinder Potatoes  
Coleslaw  
Frozen Fruit Juice Do  
Milk

**28**  
Grilled Cheese Sandwich  
Green Beans  
Garden Salad  
Peach Cup  
Milk


**Lunch Meal Pattern**

- 1 oz. meat/meat alternate daily 8 oz. minimum per week
- 1 oz. equivalent grain daily (8 oz. eq. minimum per week)
- 1/4 cup of vegetable daily (1 1/4 cups per week)
- 1/4 cup of fruit daily (1 1/4 cups per week)
- 1 cup milk daily (5 cups per week)

MENUS ARE SUBJECT TO  
CHANGE DUE TO PRODUCT  
AVAILABILITY

**This institution is an equal opportunity provider**

**Milk Choices:**

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk