



Presents
Youth Flag Football 2019
(\$125 before May 1st, \$150 after)
and
Youth Cheer 2019
(\$125 before May 1st, \$150 after)

Registration starts on March 1st
Deadline to register is July 1st
OR until all the spots are filled
(which was in May last year so don't wait).

Practices starts on Monday, July 15th
For more information or to register, please go to
www.mhflagfootball.com
or
Email Andy Su at andy@mhflagfootball.com