



Elementary SD 159

August 2019



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
Strawberry Oat Bar Fresh Fruit 100% Fruit Juice	Maple Pancakes Banana 100% Fruit Juice	Bagel & Cream Cheese Fresh Fruit 100% Fruit Juice	Super Donut Applesauce Cups 100% Fruit Juice	Yogurt Cheese Stick Fresh Fruit 100% Fruit Juice
26	27	28	29	30
Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice	Strawberry Pancakes Banana 100% Fruit Juice	Strawberry Yogurt Cheerios Mix Fresh Fruit 100% Fruit Juice	French Toast Minis Fresh Fruit 100% Fruit Juice	Banana Muffin Fresh Fruit 100% Fruit Juice

Breakfast
(Milk included with meal)
\$1.30

Milk
\$0.50
A Variety of Milk is Available Daily

Questions about the menu?
Mykela Collins
mkyler@dist159.com
708-283-9733

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
Menu changes are occasionally necessary. Notice will be given when possible.