

Dear Stanton Families,

Stanton will be instituting Waste-Free Wednesdays this year! On Wednesdays, students will be asked to bring lunches that include as many items as possible that can be eaten, reused, recycled or composted and as few items as possible that must be thrown away.



You can help your child pack his or her waste-free lunch by including only what your student can eat, using reusable containers or bags, or buying non-perishable foods in bulk. In planning your child's waste-free lunch, remember: if you pack any items that need refrigeration make sure you include a reusable ice pack to keep the items fresh.

Waste-Free Lunch Tips:

**Include:**

- Sandwiches in reusable containers.
- Whole fruits without packaging.
- Drinks in containers that can be reused, such as thermos, or recycled, such as a can.
- Snacks purchased in bulk and brought in reusable containers
- Reusable ice packs.

**Don't include:**

- Individually wrapped snacks such as chips.
- Disposable forks and spoons
- Straws
- Juice Boxes

And don't stop after just one day of packing waste-free! Pack your child a waste-free lunch every day and pack your own waste-free lunch for work.

If you have any questions about Waste-Free Wednesdays, please contact our Green Team at [stantongreenteam@gmail.com](mailto:stantongreenteam@gmail.com)

For more information on waste-free lunches please visit [www.epa.gov/epaoswer/education/lunch.htm](http://www.epa.gov/epaoswer/education/lunch.htm).

Thank you for your support, and please help STANTON make today and every day a waste-free lunch day!

Green Team