



NURSING SERVICES

**Green Meadows School
Mary Jennison, BSN,RN,NCSN
566-8176**

**Mile Tree School
Susan Pirog, BSN,RN
596-9581**

**Minnechaug Reg. H.S.
Janet Shea, MPA, BSN, RN ,NCSN
Carol Catellier, BSN, RN (0.75 FTE)
279-3815**

**Soule Rd. School
Debbie Nickerson, BSN, RN, NCSN
596-9713**

**Stony Hill School
Kiara Fryer, BSN, RN, NCSN
596-9583**

**Thornton W. Burgess School
Shannon Frederick, BSN, RN
566-3172**

**Wilbraham Middle School
Jennifer Puhalski, BSN, RN
599-1857**



**Health
Services**

**SCHOOL PHYSICIAN
LEIF NORDSTROM, M.D.
525-1870**

**NURSE LEADER
TERI BRAND BSN, RN, NCSN
566-5060 EXT. 11**

EMERGENCY

Emergency Response Network	911
Police: Hampden	566-8011
Wilbraham	596-3837
Fire: Hampden	566-3314
Wilbraham	596-3122
Mass. Poison Control	1-800-222-1222
Child Abuse	1-800-792-5200
Rape	596-2100

85 Wilbraham Road
Hampden, MA 01036
413-566-5060 ext. 11
Fax: 413-566-5190
tbrand@hwrdsd.org

**Hampden-
Wilbraham
Regional
School District**



**HEALTH
SERVICES**

WELCOME TO H.W.R.S.D. HEALTH SERVICES

The purpose of School Health Services is to promote the health of students through prevention, case-finding, early intervention and remediation of specific health problems, provision of first-aid and triage of illness and injuries, provision of direct services for students with disabilities and provision of health counseling to promote an optimal level of wellness for students and staff.



This brochure is courtesy of the Hampden-Wilbraham School Health Team with funds from the Mass. Department of Public Health Essential School Health Grant.

Health Services Available At All Schools

NURSING SERVICES

A nurse is available at all schools. They provide the following services:

Care of students/staff when they are ill or injured

Provide first aid for injuries and initial care for illnesses occurring at school.

Refer to parent and/or physician as needed.

Mandatory Screenings

Hearing: Grades K-3, 7, 10

Vision: Grades K-5, 7, 10

Scoliosis: Grades 5-9

Height and Weight: Grades K, 1, 4, 7, 10

BMI: Grades 1, 4, 7, 10

Communicable Disease Control

Monitor communicable diseases and report them to the Board of Health

Immunizations

Ensure that each student's immunizations are complete.

Maintenance of Health Records on Each Child:

Physical Assessment

Physical exam required by a physician before Kindergarten, and in grades 4, 7, and 10.

Medication Administration

Administer daily medication as prescribed by a physician. Short term medications should be given at home if possible.

Students with Disabilities

Act as medical liaison for children who may have a chronic or temporary disability.

Provide nursing care plans with goals and interventions unique to a student's needs.

Provide direct nursing services to these students.

Education

Provide ongoing, relevant, individual health education to students, parents, and staff.

Act as resource person to teachers and assist them with health education classes as needed.

Health Counseling

Nurse available to students, parents, staff for individual consultation on any specific health issue or related topic.

Collaboration

Nurses participate in Crisis Intervention Teams, Child Study Teams, and Team Evaluations to identify students with special needs.

Environmental Health

Identification of environmentally sensitive students and staff.

Collaboration with Administration and Board of Health to provide a safe school environment.

Health Agency Referrals

Referral of students and staff to appropriate community health agencies.

ADJUSTMENT COUNSELORS/ PSYCHOLOGISTS

The Student Services Department coordinates the services of school psychologists and school adjustment counselors for students with learning disabilities and other special needs. If you have specific questions about these services, you should contact:

Student Services, Director

Dr. Debra Tobias: 596-3884 ext 3835

School Psychologists:

MRHS: 596-9011 ext. 6186

Dr. Karyn Shaw (GM): 566-3263 ext. 210

Dr. Dianne White (WMS) : 596-9061 ext.15

Nicole Henderson (MT): 596-6921

Jessica Hands (SH): 599-1950

Dr. Christine Johnson (SR): 596-9311

Melanie Furman, Intern (TWB):566-8950

Adjustment Counselors:

Darcy Andre (MRHS)

Michael Quinn (MRHS)

Donna Benard/Karen Gelinis (GM)

Danielle Dugre (SR)

Michele Eastman (WMS)

Whitney Harrington (MT)

Eugenia Snell (TWB)

Jennifer McCarthy (SH)

GUIDANCE SERVICES

The goal of the guidance program in the Hampden-Wilbraham Regional School District is to help students build positive self concepts that will promote short and long term decision making skills. At the elementary and secondary level, guidance counselors can assist individuals or groups of students with the process of self-exploration and problem-solving strategies. Consultation with parents, teachers, specialists and other professionals is an important component of this program. Guidance staff also work closely with school health providers to identify at-risk students and provide a network of support within the school community. At the high school level, the emphasis also includes educational planning and college/career advising.

COUNSELORS

Thornton W. Burgess School

Lauri Gentile/Michelle Sylvester (long term sub)

Wilbraham Middle School

Susan Spafford

Minnechaug Regional High School

Keith Poulin, Director

Deborah Donovan

Stephen Marino

Renee Considine

Chenda Raffaele

SAFE SCHOOLS - HEALTHY STUDENTS

Dr. Gina Kahn, Director: 566-5060 ext. 12