

St. Theresa School Headache Action Plan (2018-2019)



Name (Last) \_\_\_\_\_ (First) \_\_\_\_\_ Room \_\_\_\_\_

Date of Birth \_\_\_\_\_ Allergies \_\_\_\_\_

Parent /Guardian \_\_\_\_\_ Mother Phone \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Father Phone \_\_\_\_\_

Diagnosed when \_\_\_\_\_ Hospitalizations \_\_\_\_\_

Description of a typical Headache/Migraine \_\_\_\_\_

Other chronic / current concerns: \_\_\_\_\_

Possible Triggers \_\_\_\_\_

Average Length of Time the headache lasts \_\_\_\_\_

All Current medications and any additional information \_\_\_\_\_

Medication	Dosage	Time	Side effects

**Other necessary information**

\_\_\_\_\_  
\_\_\_\_\_

**Emergency Treatment Plan:**

Notify (i.e. Parents or Grandparents, etc.)

Give Medication per MD order

Rest and return to class or called to taken home

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_