

EAT HEALTHY – BE ACTIVE

Healthy Nutrition Store Tour

Learn how to buy healthy, easy to prepare food and save money.

WHAT:

Healthy Nutrition Store Tour for adults

WHERE:

Northgate Market # 14
6991 Lincoln Ave,
Buena Park, CA 90620

WHEN:

Wednesday, 9:00 a.m. - 10:30 a.m.
October 16, 2019

TOPIC:

- Build A Healthy Plate



More information contact:

Cecilia Hinojosa
Community Liaison II
(714) 228-3235

Bilingual class (English/Spanish)



Funded by USDA SNAP, an equal opportunity provider and employer.
Visit www.CaChampionsForChange.net for healthy tips.