

Meet the
MELONATOR

MAY

2019

**GOOD
EATS AT**

Sam
Rayburn
9-12th

**SPECIAL
ANNOUNCEMENTS**

Breakfast
MONDAY- Pancake Stick or Cereal & Toast, Fruit, Peanut Butter & Jelly, Juice, Milk
TUESDAY- Breakfast Burrito or Cereal & Toast, Yogurt, Fruit, Juice, Milk
WEDNESDAY- Sausage Biscuit or Cereal & Toast, Peanut Butter & Jelly, Fruit, Juice, Milk
THURSDAY- Cinnamon Roll or Cereal & Toast, Yogurt, Fruit, Juice, Milk
FRIDAY- Muffins & Cinnamon Toast or Cereal and Toast, Peanut Butter & Jelly, Fruit, Juice, Milk

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Chicken Rings, Mac-n-Cheese, Green Beans, Pear Halves, Applesauce, Milk 6

Potato Bowl(contains corn & popcorn chicken), Tossed Salad, Oranges, Pears, Milk 7

Pepperoni Pizza, Steamed Broccoli, Tossed Salad w/Ranch, Strawberries, Fruit Salad, Milk 8

Crispitos, Refried Beans, Spanish Rice, Salsa, Sour Cream, Mandarin Oranges, Grapes, Milk 9

Mexican Baked Potato or Cheeseburger, Burger Salad, Baked Chips, Baked Beans, Apples, Pudding, Milk 10

Corn Dogs, Mac-n-Cheese, Corn, Carrots w/Ranch, Peaches, Pudding, Milk 13

Salisbury Steak, Mashed Potatoes, Green Beans, Roll, Pear Halves, Oranges, Milk 14

Chicken Rings, Sweet Potato Fries, Broccoli Trees w/Ranch, Grapes, Fruit Salad, Milk 15

Chipotle Rice Bowl (contains Fajita Chicken and Cheese Sauce), Refried Beans, Baked Scoops, Salsa, Sour Cream, Mandarin Oranges, Pineapples, Milk 16

Mexican Baked Potato or Turkey&Cheese Sandwich, Baked Chips, Ranch Style Beans, Banana, Pudding, Milk 17

Chicken Rings, Mac-n-Cheese, Green Beans, Pear Halves, Applesauce, Milk 20

Potato Bowl(contains corn & popcorn chicken), Tossed Salad, Oranges, Pears, Milk 21

Pepperoni Pizza, Steamed Broccoli, Tossed Salad w/Ranch, Strawberries, Fruit Salad, Milk 22

Crispitos, Refried Beans, Spanish Rice, Salsa, Sour Cream, Mandarin Oranges, Grapes, Milk 23

Hot Dog, Baked Chips, Apples, Whole Grain Cookie, Milk 24

SCHOOL'S
27

OUT
28

FOR
29

SUMMER!!!!
30

HAVE A GREAT SUMMER!!!
31

**HEALTHY
SUMMER
MEALS
FOR KIDS**
No Cost For Kids 18 and Younger

STARTING JUNE 3



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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