

# TUSCARORA GIRLS BASKETBALL CAMP

For players entering grades 3<sup>rd</sup> – 7<sup>th</sup>

June 24-27, 2019      8 am – 12 noon

Please note: Camp will be held at James Buchanan Middle School

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#12 Hannah Kimmel

## Daily activities will include:

- \* Warm up and Ball Handling
- \* Station Work
- \* Teaching Sessions
- \* Shooting Competitions
- \* Team Competitions

## Teaching sessions will focus on:

- Defense Positioning
- Guard 1-on-1 Moves
- Post 1-on-1 Moves

Team Offensive Concepts (cuts/picks)



#10 Reilly Heinbaugh

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A MID-MORNING SNACK WILL BE PROVIDED.

DRESS APPROPRIATELY – the JBMS gym is **not** air conditioned.

BRING A WATER BOTTLE. DON'T FORGET YOUR INHALER, IF NEEDED.

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Please register your child online: <https://forms.gle/ogThJfZmZQ7a5E2eA>

Deadline to register is June 8<sup>th</sup>.

Cost of camp is \$50. Please make checks payable to Lady Rocket Rookies.

Payment will be collected at the first day of camp.

Questions? Contact Becky Miller at [rmiller@tusge.org](mailto:rmiller@tusge.org) or (717) 977-9934