

December 2018 Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
									
3	Chanukah Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	4	Waffles Fruitocracy	5	Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	6	Cereal Bowl Banana Muffin Diced Pears	7	Breakfast Sandwich Apple Wedges
10	French Toast Sticks Cool Tropics	11	Cereal Bowl String Cheese Applesauce	12	Turkey Bacon Scrambled Egg Brown Rice Fruit Juice	13	Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	14	Yogurt UBR Papaya
17	Breakfast Sliders Apple Wedges	18	Vienna Sausage Scrambled Egg Brown Rice Fruit Juice	19	Cereal Bowl Chocolate Chip Muffin Diced Pears	20	Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	21	Dec. Solstice Waffles Fruitocracy
24	Christmas Eve	25	Christmas Day	26	Kwanzaa begins	27		28	
<p>ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>									

December 2018 Lunch


Monday		Tuesday		Wednesday		Thursday		Friday	
									
3 Chanukah Meatloaf Dinner Roll Whipped Potatoes	4 Mushroom Chicken Brown Rice California Blend Vegetables	5 BBQ Pork Sandwich Coleslaw Pickle Chips	6 Spaghetti Meat Sauce Dinner Roll Pesto Garbanzo Beans	7 Chicken Fries Brown Rice Steamed Broccoli					
10 Grilled Chicken Sandwich Tater Tots	11 Breaded Fish Brown Rice Tomato & Watercress Salad	12 Pepperoni Stuffed Sandwich Chopped Romaine	13 Shoyu Hotdog Fried Noodles Edamame Tossed Greens	14 Beef Stew Brown Rice					
17 Chicken Patty w/Gravy Brown Rice Steamed Broccoli	18 Spaghetti Meatballs Dinner Roll Cut Corn	19 Chicken Corndog Smiley Fries Edamame	20 Salisbury Steak Dinner Roll Whipped Potatoes	21 Dec. Solstice					
24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins	27	28					
<p>ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>									

December 2018 Wiki Bento

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 Chanukah Portuguese Sausage Scrambled Egg Brown Rice	4 Waffles	5 Corned Beef Hash Scrambled Egg Brown Rice	6 Yogurt Parfait	7 Breakfast Sandwich
10 French Toast Sticks	11 Turkey Melt	12 Bacon Scrambled Egg Brown Rice	13 Pork Link Sausage Scrambled Egg Brown Rice	14 Fried Rice Scrambled Egg
17 Cheese Quesadilla	18 Vienna Sausage Scrambled Egg Brown Rice	19 Yogurt Parfait	20 Portuguese Sausage Scrambled Egg Brown Rice	21 Dec. Solstice
24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins	27	28

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December 2018 Preschool Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				
3 Chanukah Meatloaf Dinner Roll Whipped Potatoes Sliced Peaches 1% Unflavored Milk	4 Mushroom Chicken Brown Rice California Blend Vegetables Mandarin Oranges 1% Unflavored Milk	5 BBQ Pork Sandwich Coleslaw Orange Wedges 1% Unflavored Milk	6 Spaghetti Meat Sauce Fruit Cocktail 1% Unflavored Milk	7 Chicken Fries Steamed Broccoli Strawberries 1% Unflavored Milk
10 Grilled Chicken Sandwich Tater Tots Apple Wedges 1% Unflavored Milk	11 Breaded Fish Brown Rice Tomato & Watercress Salad Pineapple Chunks 1% Unflavored Milk	12 Pepperoni Stuffed Sandwich Baby Carrots Orange Wedges 1% Unflavored Milk	13 Shoyu Hotdog Fried Noodles Edamame Mandarin Oranges 1% Unflavored Milk	14 Beef Stew Brown Rice Fruit Cocktail 1% Unflavored Milk
17 Chicken Patty w/Gravy Brown Rice Steamed Broccoli Tropical Fruit Salad 1% Unflavored Milk	18 Spaghetti Meatballs Fresh Melon 1% Unflavored Milk	19 Chicken Corndog Smiley Fries Orange Wedges 1% Unflavored Milk	20 Salisbury Steak Dinner Roll Whipped Potatoes Sliced Peaches 1% Unflavored Milk	21 Dec. Solstice
24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins	27	28

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