



SEPTEMBER 2019: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
Labor Day 2	3	4	First Day of Classes 5	6
Stuffed Shells* in Marinara Sauce Personal Pizza Rounds Fresh Broccoli with Garlic & Oil <i>Salad Bar</i> Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Baked French Fries Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	NEW GOLDEN KRUST® Jamaican Beef Patty Roasted Zucchini Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Traditional	NEW Peach BBQ Chicken Breasts* Honey Corn Muffin Slow Roasted Carrots Fruit Juice Ice Fresh New York Apples <i>Salad Bar</i> Traditional	!!! PIZZA !!! Assorted Toppings Spicy Chicken Sandwich Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
9	10	11	New York Thursday 12	13
Baked Mozzarella Sticks with Marinara Dipping Sauce Personal Pizza Rounds Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	NEW Baked Chicken Bites Garlicky Green Beans Warm New York Dinner Roll <i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	NEW Teriyaki Chicken Dumplings* Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad <i>Salad Bar</i> New York Local	!!! PIZZA !!! Margherita Pizza BBQ Chicken Sliders Green Garden Salad Fruit Juice Ice <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
16	17	18	New York Thursday 19	20
Mac-n-Cheese Personal Pizza Rounds Toasted Garlic Bread Baked Broccoli Fruit Juice Ice <i>Salad Bar</i> Garden Greens	NEW Chicken Tenders With Dipping Sauce Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup <i>Salad Bar</i> Traditional	PROMO Chicken & Cheese Quesadillas* Confetti Corn Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	New York Beef Hamburgers & Cheeseburgers* Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	!!! PIZZA !!! Chicken Ranch Pizza Crispy Chicken Wrap Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
23	24	25	New York Thursday 26	27
Stuffed Shells* in Marinara Sauce Personal Pizza Rounds Fresh Broccoli with Garlic & Oil Toasted Garlic Knot <i>Salad Bar</i> Garden Greens	NEW Peach BBQ Chicken Breasts* Honey Corn Muffin Slow Roasted Carrots Fruit Juice Ice Fresh New York Apples <i>Salad Bar</i> Traditional	BRUNCH Specialty Breakfast Sandwich Home Fries Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	NEW GOLDEN KRUST® Jamaican Beef Patty Roasted Zucchini New York Cookie Treat Fresh New York Apples Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> New York Local	!!! PIZZA !!! Assorted Toppings Spicy Chicken Sandwich Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
Rosh Hashanah 30				
Baked Mozzarella Sticks with Marinara Dipping Sauce Personal Pizza Rounds Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	Daily Lunch Specials <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Assorted Grab and Go Salads • Tuna or Turkey Sandwich (Not available on Monday) 		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups
BBQ, Ranch,
Honey Mustard

* These recipes are offered on both this menu and the Scratch Cooked menu

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all OFNS Products

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

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