

APRIL

2019



I'm the **BOUNDLESS BERRY**

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 5 and Younger

M	T	W	TH	F
HOT DOG SWEET POT FRIES, PINTO, BEANS, FRUIT, MILK 1	PIZZA GREEN SALAD CORN FRUIT MILK 2	CHIC NUGGETS CARROTS SPINACH FRUIT MILK 3	BBQ SANDWICH POTATOE SALAD FRUIT MILK 4	CHIC FAJITA RICE WHITE BEANS FRUIT MILK 5
CORN DOG CARROTS NAVY BEANS FRUIT MILK 8	CHIC TENDERS CABBAGE BLACKEYE PEAS FRUIT MILK 9	SALISBURY STEAK MASHED POT BROCCOLI FRUIT, MILK 10	CHIL MAC GREEN SALAD CORN FRUIT MILK 11	HOT DOG CHILI BEANS SWEET POT FRIES FRUIT, MILK 12
BURRITO RICE BAKED BEANS FRUIT MILK 15	STUDENT'S CHOICE VEG FRUIT MILK 16	BBQ SANDWICH POT SALAD PICKLE SPEAR FRUIT MILK 17	BAKED CHICKEN BROCCOLI MAC & CHEESE FRUIT MILK 18	NO SCHOOL 19
PIZZA BROCCOLI CARROTS FRUIT MILK 22	TACOS LETT & TOM RICE FRUIT MILK 23	STUDENT'S CHOICE VEG FRUIT MILK 24	SPAGHETTI GREEN SALAD CORN FRUIT MILK 25	CHEESEBURGER LETT & TOM PICKLE SPEAR FRUIT MILK 26
CHIC NUGGETS CARROTS GREEN BEANS FRUIT MILK 29	MANAGER CHOICE VEG FRUIT MILK 30	<p>ART CONTEST ENDS</p> <p>"You ART What You Eat" Art Contest ENDS APRIL 12TH SquareMeals.org/artcontest</p>		

GOOD EATS AT



The Varnett Public School
A LEGACY OF EXCELLENCE

SPECIAL ANNOUNCEMENTS

SCHOOL HOLIDAY
4/19/19



MENU IS SUBJECT TO CHANGE!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
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BOUNDLESS BERRY

Strawberry



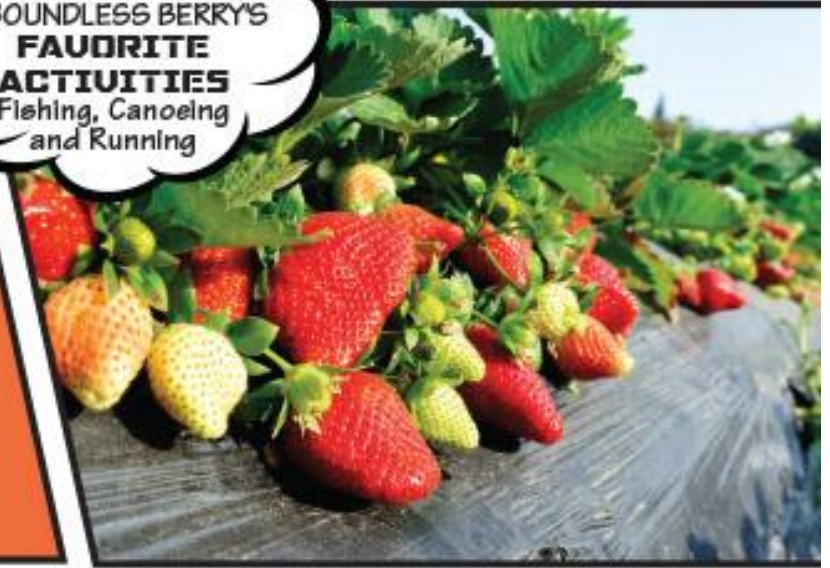
During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

FUN FACT

Strawberry is the most popular berry in the United States.

BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



POW!

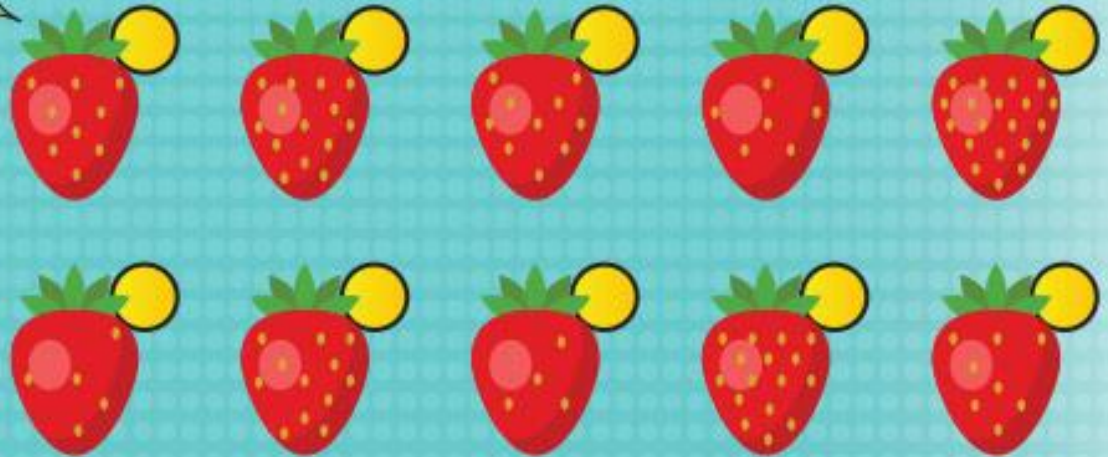
ARCH ENEMY

Strawberry Flavored Candy



COUNT 'EM!

Identify the correct number of seeds on each strawberry.



JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension