


# JANUARY 2019 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8	9	10	11
	WG Pancakes or Breakfast Quesadillas w/ Taco Sauce  OR Cold Cereal & Whole Grain Toast  Apple Grape Juice	School Made Applesauce Muffin or Bagel w/ Cream Cheese  OR Cold Cereal & Whole Grain Toast  Pineapple Chunks Orange Juice	Pizza Bagel or Breakfast Smoothie & WG Cinnamon Toast  OR Cold Cereal & Whole Grain Toast  Mixed Fruits Cranberries	Portuguese Sausage & Rice or Baked Ham & Biscuit  OR Cold Cereal & Whole Grain Toast  Sliced Peaches Grape Juice
14	15	16	17	18
Maple Pancake Wrap or Breakfast Pork Patty w/ Biscuit & Gravy  OR Cold Cereal & Whole Grain Toast  Sliced Peaches Cranberries	Breakfast Chicken Patty & Rice or Belgium Waffle w/ Syrup  OR Cold Cereal & Whole Grain Toast  Mixed Fruit Apple Juice	Portuguese Sausage & Rice or French Toast w/ Syrup  OR Cold Cereal & Whole Grain Toast  Orange Wedges Grape Juice	Fruited Breakfast Bread or Breakfast Burrito w/ Hawaiian Salsa  OR Cold Cereal & Whole Grain Toast  Pineapple Chunks Orange Juice	Cinnamon Roll or Breakfast Quesadillas w/ Taco Sauce  OR Cold Cereal & Whole Grain Toast  Tropical Pineapples Orange Wedges
21	22	23	24	25
HOLIDAY MARTIN LUTHER KING DAY	Frankfurter & Rice or Breakfast Sliders  OR Cold Cereal & Whole Grain Toast  Sliced Peaches Grape Juice	Turkey Ham & Cheese on WG Bun or Ham Links & Cinnamon Toast  OR Cold Cereal & Whole Grain Toast  Pineapple Chunks Cranberries	School Made Coffee Cake & Pork Link Sausage or Fried Rice w/ Eggs  OR Cold Cereal & Whole Grain Toast  Mixed Fruits Orange Juice	Breakfast Smoothie & Cinnamon Toast or WG Pancakes w/ Syrup  OR Cold Cereal & Whole Grain Toast  Orange Wedges Apple
28	29	30	31	
WG Pancakes or Breakfast Quesadillas w/ Taco Sauce  OR Cold Cereal & Whole Grain Toast  Apple Grape Juice	Portuguese Sausage & Rice or Baked Ham & Biscuit  OR Cold Cereal & Whole Grain Toast  Sliced Peaches Grape Juice	Pizza Bagel or Breakfast Smoothie & WG Cinnamon Toast  OR Cold Cereal & Whole Grain Toast  Mixed Fruits Cranberries	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	

WG = WHOLE GRAIN

*“This Institution is an Equal Opportunity Provider”*