

# Cub Connection

(717) 246-8389

Larry J. Macaluso Elementary School

March 1, 2019

## State Testing Is Around The Corner

Pennsylvania System of School Assessment (PSSA) will take place during the months of April/May for grade 3-6 students.

### Testing Schedule for PSSA's:

English Language Arts – **April 15-17**

Mathematics – **April 23-24**

Science (Grade 4 Only)-**April 30-May 1**

*We ask that you do not schedule any educational trips during this time. Thank you in advance for avoiding taking trips during this important time of the year.*

## Testing Tips - Reducing Test Anxiety

### **Positive Self-Talk**

"I can do this!"..."I know the material"..."I have practiced this..." "I am smart and capable."

### **Visualization**

Close your eyes and picture yourself doing well on the test. This will boost your confidence!

### **Muscle Relaxation**

Begin at your toes. Tighten and clench them for three seconds, and then release. Work your way through all the muscles in your body until you've tensed and relaxed them all.

### **Deep Breathing**

This is a great anxiety reliever. Sit up straight and put your hands on top of your head. Breathe in a full breath through your nose for five seconds. Hold that breath in for five seconds. Then breathe out for seven seconds. Repeat until you feel better.

### **Get Silly**

There are many silly methods to relax before a test. Think of something funny (Your teacher in a chicken suit!) Get out all the wiggles - Dance, shake, and move around. Force a laugh and a smile. This will help you feel better.

## Calendar of Events

Please visit [www.rlasd.net](http://www.rlasd.net) and click on your school. View 'Calendar' on the home page for a complete calendar of events from August through June as they become available.

- 3-1 to 3-22 PTO Hersheypark discounted ticket sale
- Read Across America Week
- 3-4 Fox and Socks - wear crazy socks
- 3-5 Green Eggs & Ham - wear green
- 3-6 Wacky Wednesday dress wacky
- 3-7 Cat in the Hat wear hat or stripes
- 3-7 School Board Meeting 7:00 pm Ed Center
- 3-8 The Lorax - wear orange or a mustache
- 3-11 Kindergarten Registration
- 3-12 Kindergarten Registration
- 3-12 PTO Meeting 6:30 pm LGI
- 3-13 Kindergarten Registration
- 3-15 to 3-28 PTO Easter Candy Sale
- 3-21 School Board Meeting 7:00 pm Ed Center
- 3-26 2 Hr Late Start/Modified Kindergarten



*Red Lion Area School District..*



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## Kindergarten Registration 2019-2020

2019-2020 kindergarten registration and screening for ALL incoming kindergarten students will be held at the Windsor Manor Elementary School on March 11, 12, and 13, 2019. Make-up days for possible inclement weather will be March 18, 19, and 20. Registration/screening appointments will be available each day 9a.m.–8p.m. More information is available on the district and building websites.

Red Lion Area School District

**REGISTER**  
FOR  
**KINDERGARTEN**

Online registration:  
[kinder.rlasd.net](http://kinder.rlasd.net)

Schedule an appointment for March:  
<https://rlasd.youcanbook.me/>



Students need to be 5 years old by August 31 in order to register for Kindergarten. If you have questions, contact Linda Wilkerson at 717-244-5550 or [wilkersonl@rlasd.net](mailto:wilkersonl@rlasd.net)

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## Read Across America Week - Dr. Seuss's Birthday

Read Across America Week will be held on Monday, March 4th through Monday, March 8th. National Read Across America Week is a reading initiative that was created by the National Education Association. RLASD elementary buildings will be celebrating by holding various themed days throughout the week, and by sharing the work of Dr. Seuss with our students.

## Elementary Art Department

The 4th Annual Elementary Art Show will be held on Saturday April 27, 2019 from 11am-2pm at the Red Lion Area Junior High School. Every elementary student in the district will have a framed piece of artwork on display by Artome, a National Art Show Company. If interested, your student's framed artwork can be purchased for \$22 on the day of the event (cash only) but please know there is no obligation to buy. Come enjoy light refreshments, interactive exhibits, and an afternoon of art at this fun community event! Visit [www.artome.com](http://www.artome.com) to learn more about Artome Art Shows. To get updates about what our students are learning in art class, follow us on Twitter @RlasdElemArt.

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