



January 2019

Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<h3>Special News...</h3> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice.</p>
	1 Happy New Year!	2 Student Holiday	3 Cheesy Scr. Eggs w/ Toast Strawberry/Pineapple Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	4 Mini Pancakes Banana Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
7 Chicken Biscuit Oatmeal Raisin Benefit Bar Fresh Apple Diced Pears 100% Grape Juice	8 French Toast Sticks Strawberry/Banana Yogurt w/String Cheese Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	9 Choc Chip Breakfast Round Trix Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	10 Egg w/ Cheese Breakfast Melt Vanilla/Apple Cinnamon Smoothie w/Graham Fruit Mix Raisins 100% Fruit Blend Juice	11 Biscuit and Gravy Apple Cinnamon Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
14 Breakfast Pizza Cinnamon Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	15 Pancake on a Stick Straw/Banana Yogurt w/ Honey Graham Crackers Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	16 Breakfast Cinnamon Round Lucky Charms Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	17 Mini Waffles Vanilla/Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	18 Cheese Omelet w/Toast Banana Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
21 No School	22 Cinnamon Roll Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	23 Breakfast Pizza Cocoa Puffs Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	24 Mini Pancakes Strawberry/Pineapple Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	25 Chicken Biscuit Choc Chip Muffin w/ String Cheese Fresh Grapes Diced Peaches 100% Apple Juice	
28 Morning Sausage Roll Cinnamon Poptart w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	29 Mini Waffles Strawberry/Banana Yogurt w/Graham Cracker Fresh Orange Strawberry Craisins 100% Fruit Blend Juice	30 Berry French Toast Cinnamon Toast Cereal w/ Animal Crackers Fresh Watermelon Applesauce 100% Orange Juice	31 Sausage Breakfast Melt Vanilla/Apple Cinnamon Smoothie w/Graham Crackers Fruit Mix Raisins 100% Fruit Blend Juice	Daily's: Variety of Milk	

MIDDLE SCHOOL BREAKFAST MENU

Special News...

Don't forget to apply for the Free or Reduced Program...applications are available in the campus office.

