

October 2019

Yadkin Early College Lunch



Monday

Did You Know?

Columbus Day is celebrated the second Monday every October.

Tuesday

1
Soft Shell Beef Taco w/Salsa
or
Turkey / Cheese Sandwich
Romaine/Diced Tomatoes
Pinto Beans
Diced Pears

Wednesday

2
Chicken Pie w/Roll
or
Sloppy Joe Sandwich
Mashed Potatoes
Green Beans
Fruity Jello

Thursday

3
Beefaroni w/Garlic Breadstick
or
Chicken Fillet Sandwich
Romaine Salad
Steamed Corn
Mixed Fruit

Friday

4
Texas Chili & Cornbread Muffin
or
Mozzarella Cheese Stix w/Marinara
Baked Potato w/Butter
Baby Carrots w/ Dip
Sliced Peaches

7
Spicy Chicken Sandwich
or
Meat Ball Sub
Steamed Broccoli
Potato Smiles
Diced Pears
N.C. Apples

8
Beef & Cheese Nacho's & Salsa
or
Ham/Cheese Hoagie
Romaine/ Diced Tomatoes
Fiesta Beans
Mixed Fruit
Fresh Grapes & Berries

9
Turkey/Gravy & Roll
or
Pork Chop Sandwich
N.C. Steamed Collards
Mashed Potatoes
Sliced Peaches

10
Baked Spaghetti w/Garlic Breadstick
or
BBQ Sandwich
Green Bean/Mini Peppers
Steamed Corn
Frozen Fruit Cup
N.C. Apple Slices

11
Taco Soup w/Cheese & Toasted Cheese Sandwich
or
Corndog
Baby Carrots w/Dip
Baked Potato w/Butter
Strawberry-Applesauce Cups
Red D'Anjou Pears

14
Cheeseburger w/Pickles
or
Turkey/ Cheese Sandwich
Romaine/Sliced Tomatoes
Potato Wedges
Frozen Fruit Cup

15
Chicken Quesdilla w/Salsa
or
French Bread Pizza w/Marinara
Romaine Salad
Pinto Beans
Diced Pears

16
Mac/Cheese w/Roll
or
Hotdog w/Chili
Steamed Carrots
Garden Salad
Mixed Fruit

17
RW

18
OW

21
Papa John's Pizza
Baby Carrots w/Dip
Fresh Apples

22
Popcorn Chicken w/Dip & Roll
or
Meat Ball Sub
Spinach Salad
Blackeyed Peas
Applesauce Cups

23
Teriyaki Bits w/ Roll
or
Ham/Cheese Sandwich
Mashed Potatoes
Broccoli/Cheese
Sliced Peaches
Fresh Blueberries

24
Ham/Cheese Stromboli w/Marinara
or
Pork Chop Sandwich
Steamed Squash
Garden Salad
Diced Pears
N.C. Apples

25
Beef Vegetable Soup w/ Toasted Cheese Sandwich
or
Corndog
N.C.Baked Sweet Potato w/ Butter
Romaine Salad
Frozen Fruit Cup

28
French Bread Pizza w/Marinara
or
Ham/Cheese Sandwich
Carrot Stix w/Dip
Potato Smiles
Sliced Peaches

29
Oriental Orange Chicken w/Rice & Roll
or
Turkey/Cheese Sandwich
Pinto Beans
Spinach Salad
Mixed Fruit

30
Chicken Pie w/Roll
or
BBQ Sandwich
Mashed Potatoes
Cheesy Italian Spinach
Frozen Fruit Cup

31
Spookie Spaghetti w/ Goolie Garlic Breadstick
or
Haunted Hotdogs w/Chili
Ghostly Garden Salad
Creepy Corn
Boo Baked Apples
Frighting Fresh Fruit

A La Carte

Served Daily:
Chef Salad
1% or less Milk
Fresh Fruit

Papa John's Pizza

School News

USDA and Yadkin County Schools are an equal opportunity provider and employer.

Menu options are subject to change due to availability.

