

**AASD Secondary School Breakfast Menu**

Friday	1	NO SCHOOL – SECONDARY CONFERENCE
Monday	4	Rainbow Glazed Donuts
Tuesday	5	Ham, Egg and Cheese Bagel
Wednesday	6	French Toast Sticks
Thursday	7	Sausage, Egg, and Cheese Sandwich
Friday	8	Waffles with Bacon
Monday	11	Rainbow Glazed Donuts
Tuesday	12	French Toast Griddle
Wednesday	13	Breakfast Pizza
Thursday	14	Bacon, Egg, and Cheese Croissant
Friday	15	Cheese Omelet with Toast
Monday	18	Rainbow Glazed Donut
Tuesday	19	Ham, Egg and Cheese Bagel
Wednesday	20	French Toast Sticks
Thursday	21	Sausage, Egg, and Cheese Sandwich
Friday	22	Waffles with Bacon
Monday	25	Rainbow Glazed Donuts
Tuesday	26	French Toast Griddle
Wednesday	27	Breakfast Pizza
Thursday	28	Bacon, Egg, and Cheese Croissant
Friday	29	Cheese Omelet with Toast

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

**Alternative Breakfast Entrée:** Assorted Cereal with Toast or Assorted Poptarts with Toast.

**Whole grain cereal selection may include:** Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut Cheerios.

**What is a Meal?** You must choose at least 3 items. One must be a ½ cup of fruit.

**What is an Item?** Grain, Protein, Choice of Fruit, or Choice of Milk

MARCH 2019

**Daily fruit selections may include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

**Breakfast Prices:** Student \$1.00. Reduced \$0.30. Adult \$2.10.

**General Manager:** Heather Reimer [hreimer@asdcat.com](mailto:hreimer@asdcat.com) 1-814-946-8271