



**California School for the Deaf
Elementary School Menu
September 16 - 20, 2019**

<p>Fresh Fruit Bar Fresh Orange Sections Wholegrain Assorted Cereal Pop tart Chocolate Milk Non-fat Milk Low-fat, Soy Milk</p>	<p>Fresh Fruit Bar Apricot 1/2 Wholegrain Assorted Cereal Toasted English Muffin Margarine Jelly Chocolate Milk Non-fat Milk Low-fat, Soy Milk</p>	<p>Fresh Fruit Bar Orange Juice Cup Wholegrain Assorted Cereal French Toast Margarine Sf Syrup Chocolate Milk Non-fat Milk Low-fat, Soy Milk</p>	<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal Hash Browns Wholegrain Toast Margarine Jelly Low Sodium Catsup Chocolate Milk Non-fat Milk Low-fat, Soy Milk</p>	<p>Fresh Fruit Bar Fresh Fruit Salad Wholegrain Assorted Cereal Small Breakfast Pizza Chocolate Milk Non-fat Milk Low-fat, Soy Milk</p>
<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Juice Box Small Hamburger On Wholegrain Bun Lettuce Tomato French Fries Broccoli Mayo Mustard Low Sodium Catsup Milk Low-fat, Non-fat Chocolate Non-fat Milk Veggie Burger</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Cantaloupe Slice 1/2 Chicken Quesadilla Refried Beans Corn Chips Salsa Milk Low-fat, Non-fat Chocolate Non-fat Milk Veggie Chicken Quesadilla</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Carrot Sticks Sliced Peaches 1/2 Pastrami & Turkey Deli Sandwich Shredded Lettuce Wholegrain Marconi Salad Mayo, Mustard Milk Low-fat, Non-fat Chocolate Soy Milk Deli Cheese Sandwich</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Watermelon 3/4 C Rotini With Meat Sauce Parmesean Cheese Sauteed Green Beans Wholegrain Bread Margarine Low-fat Milk, Non-fat Chocolate Milk, Soy Milk Rotini With Marinara Sauce</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Apple Juice Eagle Tostada Broccoli 1/2 Churro Salsa Chocolate Milk Non-fat Milk Low-fat, Soy Milk Veggie Tostada</p>
<p>Super Greens Salad Bar Low-fat, Non-fat Dressings Fresh Fruit Bar Applesauce *Grilled Pork Chop Au gratin Potato Honey Carrots Bread Margarine Low-fat Milk, Non-fat Chocolate Milk, Soy Milk</p>	<p>Super Greens Salad Bar Low-fat, Non-fat Dressings Fresh Fruit Bar Fruit cocktail American Style Spaghettoni Garlic Bread Sautéed Green Beans Low-fat Milk, Non-fat Chocolate Milk, Soy Milk</p>	<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Pork Chow Mein Egg Roll Sweet N Sour Sauce Fortune Cookie Low-fat Milk, Non-fat Chocolate Milk, Soy Milk</p>	<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Applesauce Roast Turkey Rice Pilaf Cauliflower & Peas Wheat Bread Margarine Low-fat Milk, Non-fat Chocolate Milk, Soy Milk</p>	