



# Middle School Lunch

January 2019

2

Beef Burrito With Rice  
Tuna Salad Panini  
Egg Salad Sandwich  
Buffalo Chicken Pizza  
Chicken Nuggets

Sides: Broccoli, Apple & Bananas

3

Meat Ball Hoagie  
BBQ Chicken Wrap  
Popcorn Chicken Salad  
Chicken Parmesan Pizza  
Corn Dog's & Tots

Sides: Cauliflower, Side Salad, Pears

4

Chicken Ranch Flat Bread  
Pierogis  
Egg Salad Sandwich  
Hawaiian Pizza  
Chicken Patty Sandwich

Sides: Broccoli Carrots, Fruit Salad

7

Pancakes & Sausage  
Walking Taco Chili  
Turkey Cheese Salad  
Mexican Pizza  
Hamburger & Tots

Sides: Tomato Cucumber Salad

8

Pasta & Meat Balls  
Walking Taco Chili  
Nacho Beef Salad  
Chicken Patty Sandwich & Tots  
Meat Buffalo Pizza

Sides: Peaches, Celery Sticks

9

Oven Roasted Chicken  
Walking Taco Chili  
Cuban Flatbread  
White Pizza  
Chicken Nuggets

Sides: Cucumbers, Side Salad

10

Ham Cheese Pretzel Melt  
Walking Taco Chili  
Ham BBQ  
BBQ Chicken Pizza  
Hot Dog & Tots

Sides: Side Salad, Carrots

11

Pulled Pork Sandwich  
Walking Taco Chili  
Apple & Yogurt Salad With Roll  
Taco Pizza  
Hamburger & Tots

Sides: Cauliflower, Cucumbers, Pears

14

Max Sticks  
Cheese Bread Chili  
Turkey Cheese Salad  
Mexican Pizza  
Chicken Patty Sandwich

Sides: Tomato Cucumber Salad

15

Italian Wedge  
Cheese Bread Chili  
Fruit & Yogurt Platter With Roll  
Sausage Pizza  
Hamburgers and Fries

Sides: Broccoli, Carrots, Applesauce

16

Pop Corn Chicken Bowl  
Cheese Bread Chili  
Ham Chef Salad With Roll  
Chicken Alfredo Pizza  
Chicken Nuggets

Sides: Oranges, Corn, Side Salad

17

Turkey Noodle Soup W/ Sandwich  
Cheese Bread Chili  
Fruit & Yogurt Platter With Roll  
Taco Pizza  
Corn Dog and Fries

Side, Baby Carrots, Pepper Strips

18

Orange Chicken W/ Rice  
Cheese Bread Chili  
Ham Chef Salad With Roll  
Garlic Pizza  
Chicken Patty Sandwich

Sides: Peaches, Celery Sticks

21

Grilled Cheese & Tomato Soup  
Buffalo Chicken Wrap  
Tuna Salad Platter  
Taco Pizza  
Hamburger & Tots

Sides: Carrot Sticks, Side Salad

22

Baked Potato Bar  
Chicken Nacho Salad  
Sloppy Joe's  
Sausage Pizza  
Chicken Patty Sandwich

Sides: Cucumbers, Apple Banana

23

Chicken Parm Sandwich  
Popcorn Chicken Salad  
Ham Turkey Cheese Wrap  
Meat Lover's Pizza  
Chicken Nuggets

Sides: Green Beans, Cherry Tomato

24

Mac & Cheese  
Chicken Fajita  
Chicken Chef Salad with Roll  
Hot Dog & Tots  
Mushroom Pizza

Sides: Broccoli, Peaches, Tots

25

Walking Taco  
Pierogis  
Apple & Yogurt Salad With Roll  
Chicken Ranch Pizza  
Hamburger & Tots

Sides: Cauliflower, Cucumbers, Pears

28

French Toast with sausage  
Chicken Cheese Taco  
Tuna Salad Platter  
Taco Pizza  
Chicken Patty Sandwich

Sides: Carrot Sticks, Side Salad

29

Meatball Hoagie  
Popcorn Chicken Salad  
BBQ Chicken Flat Bread  
Meat Lover's Pizza  
Hamburgers & Tots

Sides: Green Beans, Cherry Tomato

30

Pop Corn Chicken Bowl  
Ham Cheese Wrap  
Ham Chef Salad With Roll  
Chicken Alfredo Pizza  
Chicken Nuggets

Sides: Oranges, Corn, Side Salad

31

Pasta Bar  
Ham Cheese Pretzel Melt  
Turkey Chef Salad With Roll  
BBQ Chicken Pizza  
Corn Dog's & Tots

Sides: Peaches, Celery Sticks

## Meal Prices

Full Lunch: \$1.95 Reduced:  
\$0.40

## Action for Healthy Kids Helping Students Flourish

We strive to serve the most quality ingredients in a way that not only engages the students but Provides the nutrition they need to grow!