



# CALIFORNIA INTERSCHOLASTIC FEDERATION

# STATE MEDIA RELEASE

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## **Buchanan Boys Win Fourth Consecutive State Wrestling Championship and San Fernando Girls Win First State Wrestling Crown**

**BAKERSFIELD, CALIF.** — The CIF State Wrestling Championships concluded on Saturday as the Buchanan boys won their fourth consecutive State title, fifth overall scoring 235 points. Rounding out the top three boys' teams were Gilroy (182 points) and Clovis (171.5 points) securing second and third place respectively. For the girls San Fernando won their first State Championship scoring 104 points, with Menlo Atherton (92 points) and Birmingham (76 points) placing second and third respectively.

Individually, Jesse Vasquez (138-pounds), a junior from Excelsior Charter, became only the 25<sup>th</sup> wrestler in CIF State Boys Wrestling Championship 47-year history to win three State titles.

Additionally, Jadan Abas of Rancho Bernardo (145-pounds), Richard Figueroa (106-pounds) of Selma, Tavi Heidelberg (235-pounds) of McClatchy, Matthew Olguin (160-pounds) of Buchanan and Maximo Renteria (120-pounds) of Buchanan each claimed their second individual State title. Also, four freshman girls each won a State crown: Amit Elor of College Park (150-pounds), Lillian Freitas of Pitman (143-pounds), Leah Gaitan of Yucaipa (106-pounds) and Jennifer Soto of Orland (111-pounds).

### **2019 CIF State Boys Wrestling Championships Final Results**

(106) Richard Figueroa (So., Selma) d. Jack Gioffre (Fr., Buchanan) TF 18-3  
(113) Tristan Lujan (Jr., Selma) d. Carlos Negrete (So., Buchanan) Dec 2-1  
(120) Maximo Renteria (So., Buchanan) d. Brandon Paulson (Sr., Clovis) Dec 3-2  
(126) Aaron Nagao (Jr., Esperanza) d. Christian Nunez (Sr., Bishop Amat) Dec 8-2  
(132) Kyle Parco (Sr., De La Salle) d. Ryan Franco (So., Clovis North) Dec 1-0  
(138) Jesse Vasquez (Jr., Excelsior Charter) d. Chase Saldate (Jr., Gilroy) Dec 6-3  
(145) Jaden Abas (Sr., Rancho Bernardo) d. Cael Valencia (So., St. John Bosco) Dec 8-7  
(152) Sonny Santiago (Jr., St. John Bosco) d. Tyler Badgett (Jr., Rancho Bernardo) Dec 3-2 UTB  
(160) Matthew Olguin (Sr., Buchanan) d. Noah Blake (Sr., Del Oro) MD 8-0  
(170) Trey Munoz (Sr., Trabuco Hills) d. Rocco Contino (So., Buchanan) Dec 7-3  
(182) Nathan Haas (Jr., St. John Bosco) d. Jonovan Smith (Sr., Birmingham) Dec 2-1  
(195) Ryan Reyes (Sr., Gilroy) d. Jadon Martin (Jr., Buchanan) Dec 4-2  
(220) Jacob Good (Sr., Clovis) d. Mike Ruiz (Sr., Villa Park) MD 10-1  
(285) Michael Jeffus (Sr., Turlock) d. Nicholas Villarreal (Jr., Gilroy) Dec 3-2

### **2019 State Girls Wrestling Championships Final Results**

(101) Cristelle Rodriguez (Fr., Buchanan) d. Sofia Martinez (Sr., Ayala) Dec 6-0  
(106) Leah Gaitan (Fr., Yucaipa) d. Justine Barredo (Sr., Walnut) Dec 1-0  
(111) Jennifer Soto (Fr., Orland) d. Mikayla Vega (Sr., Escalon) F-1:39  
(116) Monica Garcia (Jr., Norte Vista) d. Desinee Lopez (Jr., Folsom) F-5:02  
(121) Adriana Lopez (Sr., Upper Lake) d. Ashley Venagas (Sr., Mt. Whitney) Dec 9-5  
(126) Cindy Zepeda (Sr., Palm Springs) d. Kelly Escamilla (So., California) Dec 3-2  
(131) Cheyenne Bowman (So., Rowland) d. Mary Lopez (Sr., Liberty) F-5:44  
(137) Dalia Garibay (Sr., Freedom) d. Aine Drury (Jr., Westminster) F-4:56  
(143) Lillian Freitas (Fr., Pitman) d. Gianna Anaya (Jr., San Fernando) F-0:54  
(150) Amit Elor (Fr., College Park) d. Maddie Konopka (Jr., La Costa Canyon) F-0:29  
(160) Yelena Makoyed (Sr., Bella Vista) d. Ariana Pereira (Jr., Newark Memorial) Dec 13-6  
(170) Alia Abushi (Jr., Arroyo) d. Adelina Parra (Jr., San Fernando) Dec 2-1  
(189) Folashade Akinola (Sr., Menlo Atherton) d. Jasmin Clarke (Sr., Kelseyville) F-4:38  
(235) Tavi Heidelberg (Sr., McClatchy) d. Cristina Santoyo (Sr., Monroe) MD10-1

**Page 2 – 2019 CIF State Wrestling Championships**

**Boys Team Scores (Top 10):**

1. Buchanan 235
2. Gilroy 182
3. Clovis 171.5
4. Selma 139.5
5. St. John Bosco 128.5
6. Poway 112
7. Frontier 99.5
8. Rancho Bernardo 91
9. Clovis North 90.5
10. Oakdale 88

**Girls Team Scores (Top 10):**

1. San Fernando 104
2. Menlo Atherton 92
3. Birmingham 76
4. Albany 71
5. Northview 61
6. Norte Vista 55
7. McClatchy 54
8. Monroe 49
9. Arroyo 45
10. Corona 44

Attendance Total (three-days): 24,409

For complete 2019 CIF State Wrestling Championship results please visit [www.cifstate.org](http://www.cifstate.org).