

Has your family experienced the death of a loved one?

Support Groups for Bereaved Children and Families



Circle of Care Program

Spanish speaking groups available!



groups in Oakland and Hayward

Circle of Care is the only East Bay organization offering bereavement groups focused on the emotional needs of 4-17 year olds.

Children and teens meet with others in their age group to develop coping skills, resiliency, and use expressive arts to process their grief.

Adults are placed in one of two programs: **Parents' Peer Support Groups** or the **Resilient Parenting for Bereaved Families** program.

east bay agency for children

Parents' Peer Support Groups: These groups provide gently facilitated space to connect and converse about the challenges of losing a loved one and parenting.

Resilient Parenting for Bereaved Families: This program is a 10-week program offering tools and skills to parents of bereaved children as they navigate a new family dynamic and grief. Emphasis is put on self care and building strong family bonds.

For more information,
reach out to:
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