

SHAC 02/21/2019

Minutes: 15:28- 16:10

In Attendance: Abigail Brantley, Trish Trejo, John Norrell, Jenny Moore, and Sunday Elerson.

Abigail Brantley, MSRD (Registered Dietician/Site Supervisor) from the NET Public Health District Canton Branch, presented information regarding the services provided by Women, Infants and Children (WIC). WIC assists low income women, infants and children up to age five who are at nutrition risk by providing nutritious foods, healthy eating education, and referrals to healthcare. WIC supplies access to a dietician, nutritionist, lactation consultants in addition to referrals to physicians and dentists. Community resources such as foodbanks and Child Advocacy Center are also utilized through WIC. Please visit the WIC website for information.

<https://www.fns.usda.gov/wic/about-wic-wics-mission>

SHAC discussed that we will continue to teach sex education for our 8th grade students with the “Choosing the Best” curriculum. The Choosing the Best modules are an all-inclusive unit on medical, legal and psychological information. We will separate boys and girls for this gender sensitive subject. This program empowers adolescents with the information they need to make the safest, healthiest choices, and to remain abstinent until marriage. Sex-ed is scheduled to be taught in April. A parent note will be mailed out with further information.