



JANUARY WEEHAWKEN

2019 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 	2 Scrambled Eggs & Cheese on an English Muffin Chilled Fruit Milk Selection	3 Bowl of Cereal with Fruit Wheat Bread w/ Jelly Milk Selection	4 Egg & Cheese on a Bun Orange Juice Milk Selection
7 Pancakes w/ Syrup & Sausage Orange Juice Milk Selection	8 Bagel w/ Cream Cheese Pure Fruit Juice Milk Selection	9 Bowl of Cereal with Fruit Wheat Bread w/ Jelly Milk Selection	10 Large Fruit Muffin Apple Juice Milk Selection	11 Sausage, Egg & Cheese on a Wheat Bun Chilled Fruit Milk Selection
14 Large Roll w/ Jelly Apple Juice Milk Selection	15 Large Fruit Muffin Apple Juice Milk Selection	16 Waffles w/ Fruit Orange Juice Milk Selection	17 Bagel w/ Cream Cheese Chilled Fruit Milk Selection	18 Pancakes w/ Syrup & Sausage Chilled Fruit Milk Selection
21  SCHOOL CLOSED	22 Scrambled Egg Sandwich Chilled Fruit Milk Selection	23 Bagel w/ Cream Cheese Pure Fruit Juice Milk Selection	24 Egg & Cheese on a Bun Orange Juice Milk Selection	25 Bowl of Cereal w/ Fruit Wheat Bread w/ Jelly Milk Selection
28 Pancakes w/ Syrup & Sausage Chilled Fruit Milk Selection	29 Bowl of Cereal w/ Fruit Wheat Bread w/ Jelly Milk Selection	30 French Toast Sticks w/ Syrup Grape Juice Milk Selection	31 Bagel w/ Cream Cheese Pure Fruit Juice Milk Selection	

Choice of Milk offered with Breakfast:
1% Low-Fat, Non-Fat Chocolate, Skim



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."