

Have a  
Great Day!

**Bronx Academy of Promise**  
Breakfast Menu  
**April 2019**



Meal Includes:  
Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Potato Hash Scrambled Eggs Turkey Sausage Links Whole Wheat Toast Grilled cheese Sandwich on Whole Wheat Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>2</p> <p>Hot Oatmeal w/Fresh Blueberries  Blueberry Scones Cheese Stick Apple Sauce  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>3</p> <p>Turkey/Ham, Egg &amp; Cheese on a Kaiser Roll  Raisin Bagel w/Cream Cheese Cheese Stick  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>4</p> <p>Belgian Waffles w/Mixed Berries  Fresh Yogurt, Berry &amp; Granola Parfait  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>5</p> <p>Hash Browns Fried Egg Turkey Bacon Whole Wheat Toast Apple Muffin &amp; Mixed Fruit Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>
<p>8</p> <p>Italian Breakfast Casserole w/Sausage &amp; Peppers Whole Wheat Croissant  Warm Corn Bread w/Strawberry Jam &amp; Cream Cheese  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>9</p> <p>Breakfast Burrito w/Salsa &amp; Fresh Cantaloupe Wedge  Plain Bagel w/Cream Cheese &amp; Grape Jelly Cantaloupe Wedge  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>10</p> <p>Turkey Bacon, Egg &amp; Cheese on an English Muffin &amp; Banana  Blueberry Muffin &amp; Cheese Stick &amp; Banana  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>11</p> <p>Cream of Wheat w/Diced Mangoes  French Toast w/Sliced Apples &amp; Maple Syrup  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>12</p> <p>Cheesy Scrambled Egg w/Biscuit and Turkey Sausage Gravy  Bran Muffin w/Cheese Stick &amp; Fresh Fruit Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>
<p>15</p> <p>Scrambled Egg Tater Tots Turkey Sausage Link Whole Wheat Toast  Everything Bagel w/Cream Cheese. Cheese Stick  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>16</p> <p>Sausage, Egg &amp; Cheese on a Kaiser Roll  Fresh-cut Fruit &amp; Cottage Cheese Bowl  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>17</p> <p>Turkey/Ham, Turkey Bacon &amp; Cheddar Frittata &amp; Breakfast Roll  Blueberry Scone Cheese Stick  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>18</p> <p>Pancake w/Syrup, Turkey Bacon  Cinnamon Raisin Bagel w/Cream Cheese Cheese Stick  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>19</p> <p>School Closed Spring Recess</p>
<p>22</p> <p>School Closed Spring Recess</p>	<p>23</p> <p>School Closed Spring Recess</p>	<p>24</p> <p>School Closed Spring Recess</p>	<p>25</p> <p>School Closed Spring Recess</p>	<p>26</p> <p>School Closed Spring Recess</p>
<p>29</p> <p>Hard Boiled Egg Plain Bagel Turkey Sausage Link  Yogurt Parfait w/Pineapple &amp; Granola  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>	<p>30</p> <p>Spanish Scrambled Eggs Mangu (mashed plantains) Canadian Turkey/Ham Whole Wheat Toast  Blueberry Muffin Cheese Stick &amp; Fresh Fruit  Fresh or Cupped Fruit Non-fat &amp; 1% Milk</p>			

Water available at every meal  
This institution is an equal opportunity provider.