

# LEVEL DESCRIPTIONS

## Level 1 – Beginner (limit 12)

For students with little or no previous experience in the water, this class will focus on breath control and submerging, buoyancy on front and back as well as the basics of alternating arms and leg movement on the front and back. **Ages 4 and up.**

**Day: Saturday**

**Time: 10:00 – 10:45 am**

**Cost: \$80 per session**

## Level 2 - Intermediate Beginner (limit 12)

This class is for students that are confident and comfortable in the water. Need to be able to float and submerge. We will focus on improving breath control, submerging, and buoyancy, the basics of treading water and combined arm and leg actions. **Ages 4 and up.**

**Day: Saturday**

**Time: 11:00 – 11:45 am**

**Cost: \$80 per session**

## Aqua Tots – Parent/Toddler Swim Lesson (Limit 8)

Aqua Tots helps the parent and the child get used to the water and see the pool as fun! Parents work with their children on basic, introductory water skills such as blowing bubbles, kicking and floating. **Ages 1-3.**

\*Babies must wear a swim diaper. Parents must accompany the child in the water.

**Day: Saturday**

**Time: 9:15 – 9:45 am**

**Cost: \$65 per session**



### REGISTRATION FORM

*Please print clearly. Fill out form completely for prompt processing.*

Student's Name \_\_\_\_\_ Age \_\_\_\_\_ Swim Level \_\_\_\_\_

Student's Name \_\_\_\_\_ Age \_\_\_\_\_ Swim Level \_\_\_\_\_

Student's Name \_\_\_\_\_ Age \_\_\_\_\_ Swim Level \_\_\_\_\_

Parent's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

**FOR OFFICE USE ONLY**

**CASH/CHECK Check #: \_\_\_\_\_ Amount: \_\_\_\_\_ Date Paid: \_\_\_\_\_ Employee Initial: \_\_\_\_\_**