

Gustine High & Middle School

January 2019 Breakfast & Lunch Menu

SO DELI

Cold Sandwiches & Wraps

Monday
Ham & Cheese Sandwich

Tuesday
Turkey BLT Sandwich

Wednesday
Turkey & Cheese Sandwich

Thursday
Grilled Triple Cheese Sand.

Friday
Sunbutter & Jelly

Breakfast


Monday
Breakfast on a Stick

Tuesday
Parfait

Wednesday
Breakfast Pizza

Thursday
Ham & Cheese Bagel

Friday
Waffles & Blueberries
Cereal & Cereal Bars served daily

 **Find menus, nutrition, allergen information and more online or on your phone!**
Download School Menus by Nutrislice to your smartphone from the App Store or visit: Gustine.nutrislice.com

Winter Break



	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	
Bacon Cheddar Melt Seasoned Wedge Fresh Fruit Sandwich	Beefy Bean Burrito Seasoned Pinto Beans Fresh Fruit Grilled Chicken Sand	Orange Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Cheesy Pizza Pasta Steamed Carrots Fresh Fruit Hot Dog	Tostilocos Steamed Corn Fresh Fruit Burrito
Chicken & Waffles Seasoned Wedge Fresh Fruit Hamburger	Chicken Tacos Steamed Corn Fresh Fruit Corn Dog	General Tso Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Macaroni & Cheese Steamed Carrots Fresh Fruit Macaroni & Cheese	Chicken Nuggets Dinner Roll 3 Bean Salad Fresh Fruit Chicken Nuggets
	Beef Nachos w/ Beef, Cheese & Refried Beans Fresh Fruit Grilled Chicken Sand	Teriyaki Dippers Steamed Rice & Broccoli Fresh Fruit Pizza	Spaghetti Dinner Roll Green Beans Fresh Fruit Hot Dog	Pulled Pork Sandwich Seasoned Wedges Fresh Fruit Burrito
Popcorn Chicken Bowl w/ Corn Fresh Fruit Hamburger	Enchilada's Seasoned Pinto Beans Fresh Fruit Corn Dog	Sweet & Sour Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Breakfast for Lunch Pancake's, Berries, Sausage & Potatoes Fresh Fruit Macaroni & Cheese	



Classic Cheese Pizza and Pepperoni Pizza served daily, All pizza made w/ reduced fat cheese & whole grain crust. Includes Veggie & Fruit.

Specials

Monday: Aloha Pizza
Tuesday: Buffalo Chicken Pizza
Wednesday: Jalapeno Pepperoni Pizza
Thursday: BBQ Chicken
Friday: Philly Cheesesteak Pizza

grilled

Lean beef burgers w/ cheese barbequed daily.
Breaded chicken sandwiches available daily.

Specials

Monday: Chicken Club Sandwich
Tuesday: Chili Cheese Dog
Wednesday: Jalapeno Burger
Thursday: Hot Dog
Friday: BBQ Bacon Cheese Burger

wild greens


Fresh Food Fast- Packaged for Grab N' Go (Salads served with a dinner roll)

Specials

Monday: Taco Salad
Tuesday: Popcorn Chicken Salad
Wednesday: Caesar Salad
Thursday: Chef Salad
Friday: Chicken BLT Salad

Breakfast Prices FREE FOR ALL STUDENTS Adults: \$2.50 **Lunch Prices FREE FOR ALL STUDENTS** Adults: \$4.00 Milk & Bottled Water: \$0.50
For questions please call the Nutrition Services office at (209) 854-6747 or visit our website at <http://gustine.businesscatalyst.com/cafeteria> - **Menus available online!**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services.

To get nutritional information please check out the Nutrislice App. Download it free from the Google Play or iTunes Store. Menu subject to change without notice.  **Gluten Free Option**