

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza **5**

Homemade Pancakes
Turkey Bacon **6**

Homemade Pumpkin Muffin Squares
Variety of Smoothies **7**

Fresh Scrambled Eggs
Toasted English Muffin **1**

Breakfast Dog – Sausage, Egg, & Cheese on a Toasted Bun **2**

Toasted Bagel with Cream Cheese **8**

Fresh Baked Donut Yogurt **9**

NO SCHOOL **12**

Homemade Pancakes
Sausage **13**

French Toast Sticks
A Variety of Smoothies **14**

Breakfast Sandwich
Hashbrown Potato **15**

Southern Chicken & Waffles **16**

SCHOOL **19**

VACATION **20**



NO SCHOOL **23**

Breakfast Pizza **26**

Homemade Pancakes
Ham **27**

Egg, Cheese, and Turkey Bacon
Croissant sandwich **28**

Homemade Cinnamon Roll
Yogurt **29**

Waffles & Syrup
Turkey Bacon Sausage **30**

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422-2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. USDA is an equal opportunity provider and employer.